

默写本

.....
八年级上册

译林版
.....

TY5C21YL05

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Unit 8 Safe and sound

一、单词

1. 健康的,无损伤的 *adj.* _____
2. 紧急情况 *n.* _____
3. 情况 *n.* _____
4. 供暖 *n.* _____
5. 闪电 *n.* _____
6. 办公室,办公楼 *n.* _____
7. 无家可归的 *adj.* _____
8. 长途汽车 *n.* _____
9. 道路 *n.* _____
10. 事故 *n.* _____
11. 台风 *n.* _____
12. 可怕的 *adj.* _____
13. 状态,情况 *n.* _____
14. (*pl.* firemen) 消防员 *n.* _____
15. 交通 *n.* _____
16. 轻微的 *adj.* _____
17. 摇动 *n.*, *vi.* & *vt.* _____
18. 雷声 *n.* _____
19. 炸弹 *n.* _____
20. 呼喊,喊叫 *vi.* & *n.* _____
21. 恐惧,害怕 *n.* _____
22. 方向 *n.* _____
23. 砖 *n.* _____
24. 安静的 *adj.* _____
25. 焦虑的;胆怯的 *adj.* _____
26. (使)规律作响或运动;用力敲打 *vi.* & *vt.* _____
27. (使)平静,(使)镇静 *vi.* & *vt.* _____
28. 因为,既然 *conj.* _____
29. 虚弱的 *adj.* _____
30. 嗓音,说话声,唱歌声 *n.* _____
31. (=except for)除……之外 *prep.* _____
32. 烟 *n.* _____
33. 着火 *vi.* _____
34. (使)烧毁,烧伤 *vt.* & *vi.* _____
35. 大量地 *adv.* _____
36. 猜测,估计 *vt.* & *vi.* _____
37. (常指带檐的)帽子 *n.* _____
38. 清除,清理 *vt.* _____
39. (*pl.* policemen) (男)警察 *n.* _____
40. 疼痛 *n.* & *vi.* _____
41. (*pl.* postmen) 邮递员 *n.* _____
42. 机场 *n.* _____
43. 护照 *n.* _____
44. 差一点,险些 *adj.* _____
45. 报道;汇报 *vi.* & *vt.* _____
46. 包括……在内 *prep.* _____
47. 标牌,指示牌 *n.* _____
48. 避免,防止 *vt.* _____
49. 伤,伤口 *n.* _____
50. 流血,失血 *vi.* _____
51. 按,压 *vt.* & *vi.* _____
52. 紧紧地 *adv.* _____
53. 警告,告诫 *vt.* & *vi.* _____

二、短语

1. 自然灾害 _____
2. 处理 _____
3. 在自然界中 _____
4. 例如 _____
5. 超过一米 _____
6. 在……前面 _____

7. 彼此 _____
8. 在事故中 _____
9. 海菲尔德地震 _____
10. 起初 _____
11. 感到轻微的摇晃 _____
12. 听到一声巨响 _____
13. 在地下 _____
14. 开始摇晃 _____
15. 惊恐地大喊 _____
16. 跑出大楼 _____
17. 跑出去 _____
18. 四处奔逃 _____
19. 玻璃碎片和砖块 _____
20. 如雨点般落下 _____
21. 倒塌 _____
22. 根本看不见…… _____
23. 在我周围 _____
24. 感到紧张 _____
25. 跳得真的很快 _____
26. 暗想;自言自语 _____
27. 一阵恐惧 _____
28. 在我脑海中闪过 _____
29. (使)平静 _____
30. 大声呼救 _____
31. 很长时间 _____
32. 节省体力 _____
33. 等待救援 _____
34. 几个小时后 _____
35. 找到出去的路 _____
36. 听到我头顶上有声音 _____
37. 用微弱的声音 _____
38. 搬开砖块 _____
39. 发现自己被困在大楼里 _____
40. 四处;到处 _____
41. 大自然的声音 _____
42. 遛我的狗 _____

43. 闻到烟味 _____
44. 再走远一点 _____
45. 看到火 _____
46. 跳上跳下 _____
47. 就在那一刻 _____
48. 扑灭火 _____
49. 骑我的自行车 _____
50. 故宫博物院 _____
51. 醒来 _____
52. 把我的帽子戴在他头上 _____
53. 拍一张照片 _____
54. 两天前 _____
55. 下次 _____
56. 在黑龙江省的北部 _____
57. 现在 _____
58. 继续报道 _____
59. 山林大火的规模和威力 _____
60. 平方米 _____
61. 迄今为止 _____
62. 附近的每个人 _____
63. 待在家里 _____
64. 保持安全 _____
65. 在自然灾害中 _____
66. 在洪水中 _____
67. 在台风中 _____
68. 离开 _____
69. 保护你自己不受浓烟伤害 _____
70. 一块湿布 _____
71. 避免另一起事故 _____
72. 伤害我们自己 _____
73. 割伤我们自己 _____
74. 清洗伤口 _____
75. 在伤口周围绑一块干净的布 _____
76. 紧紧地按压它 10 到 15 分钟 _____
77. 止血 _____
78. 去看医生 _____

79. 马上 _____

80. 海啸,潮汐波 _____

81. 跑上山 _____

82. 警察 _____

83. 警告我们 _____

84. 远离…… _____
85. 几天 _____

86. 去海滩 _____

87. 在海滩上 _____

88. 尽可能快 _____

89. 回头看 _____

90. 在几千米外的海底 _____

三、句型

1. 生命是无价的;安全第一。
2. 紧急情况是指突然的、严重的、危险的事件或情况。
3. 人们需要迅速采取行动来应对。
4. 自然灾害是自然界中突然发生的强烈的事件,如地震或洪水。
5. 你听说上周星城的雾灾了吗?
6. 发生了什么事?
7. 雾太浓了,司机看不见前方一米以外的东西。
8. 时间大约是下午两点钟。
9. 地震发生时我正在工作。
10. 起初,我感到轻微的摇晃。然后我听到一声雷鸣般的巨响。
11. 很快,真正的噪声传来了,就像地下的炸弹。
12. 大地开始摇晃。人们惊恐地大叫。一些人跑出了大楼。我也尽最大努力跑出去。
13. 外面,人们四处奔逃,玻璃碎片和砖块如雨点般落下。
14. 然后墙也开始倒塌了!

15. 最后,噪声和震动停止了。

16. 我周围一片漆黑,一片寂静。

17. 我什么也看不见,也不知道周围还有没有其他人。

18. 我感到紧张,心跳得真的很快。

19. “我被困住了。”我自言自语。

20. 我的脑海中掠过一阵恐惧,但我告诉自己要镇定下来,因为我还活着。

21. 我大声呼救。我以为有人能听到我的声音,但很长一段时间都没有人来。

22. 我知道我必须节省体力,等待救援。

23. 几个小时后,当我试图找到出去的路时,我突然听到上面有声音。

24. “救命! 请帮助我! 我在这里!”我用微弱的声音喊道。

25. 然后我听到了人们激动的叫喊声。他们很快移走了砖头。最后,我安全了!

26. 我们做饭的时候可能会伤到自己。

27. 如果我们割伤了自己,你知道首先该怎么做吗?

28. 如果它(伤口)正在流血我该怎么办?

29. 在伤口周围绑一块干净的布,并紧紧地按压它 10 到 15 分钟。

30. 如果情况严重,你应该马上去看医生。

31. 上周六我和朋友们去了海滩。

32. 当我们在海滩上玩的时候,突然,海水开始退去了。

33. 我们听到人们在喊叫。他们让我们逃离海滩。
-
34. 一个大浪在向我们袭来。
-
35. 我们尽快跑上山。
-
36. 当我回头看时,整个海滩和我们下面所有的建筑物都在水里。
-
37. 许多船只受损。
-
38. 海啸过去后,警察检查了一下大家是否安全,并警告我们这几天要远离海滩。
-
39. 他们告诉我们几千米外的海底发生了地震,引起了海啸。
-
40. 幸运的是,没有人受伤或死亡。我们都很高兴我们是安全的。
-

our world a better place.

25. What can we do to help protect forests, Daniel?
26. Rubbish causes pollution and damages the ecosystem in forests.
27. And maybe we can take our own chopsticks when eating out.
28. We can show people different ways to save forests.
29. Education and knowledge are useful tools to help keep forests safe.
30. I am writing today to ask for your help in protecting the ocean.
31. The ocean is home to many kinds of sea life.
32. It provides us with food and offers us space to have fun.
33. However, the ocean is facing many problems.
34. Pollution is one of the biggest problems. There are millions of tons of plastic waste in the ocean.
35. Also, wastewater from factories and houses travels to the ocean and causes pollution. This will harm or even kill sea life.
36. We can help solve the problems.
37. We should keep beaches clean and use more environment-friendly products.
38. It is also a good idea to tell people how to protect the ocean.
39. We can also encourage them to help.
40. It is meaningful to join an environmental group and work as a volunteer.

41. Please join us. Together we can help protect the ocean.

Unit 8 Safe and sound

一、单词

1. sound 2. emergency 3. situation
4. heating 5. lightning 6. office
7. homeless 8. coach 9. road
10. accident 11. typhoon 12. terrible
13. state 14. fireman 15. traffic
16. slight 17. shake 18. thunder
19. bomb 20. shout 21. fear
22. direction 23. brick 24. silent
25. nervous 26. beat 27. calm
28. since 29. weak 30. voice
31. except 32. smoke 33. burn
34. burn 35. heavily 36. guess
37. hat 38. clear 39. policeman
40. ache 41. postman 42. airport
43. passport 44. close 45. report
46. including 47. sign 48. avoid
49. wound 50. bleed 51. press
52. firmly 53. warn

二、短语

1. natural disaster
2. deal with
3. in nature
4. such as
5. more than a metre
6. in front of...
7. each other
8. in the accident
9. the Highfield earthquake
10. at first

- | | |
|--|---|
| 11. feel a slight shake | 45. see a fire |
| 12. hear a loud noise | 46. jump up and down |
| 13. under the ground | 47. just at that moment |
| 14. start to shake | 48. put out the fire |
| 15. shout in fear | 49. ride my bike |
| 16. run out of the building | 50. the Palace Museum |
| 17. run out | 51. wake up |
| 18. run in all directions | 52. put my hat on his head |
| 19. pieces of glass and bricks | 53. take a photo |
| 20. rain down | 54. two days ago |
| 21. come down | 55. next time |
| 22. couldn't see... at all | 56. in the north of Heilongjiang Province |
| 23. be around me | 57. right now |
| 24. feel nervous | 58. keep reporting |
| 25. beat really fast | 59. the size and power of the bush fires |
| 26. say to oneself | 60. square metres |
| 27. a moment of fear | 61. so far |
| 28. go through my mind | 62. everyone nearby |
| 29. calm down | 63. stay at home |
| 30. shout for help | 64. stay safe |
| 31. for a very long time | 65. in natural disasters |
| 32. save energy | 66. in a flood |
| 33. wait for help | 67. in a typhoon |
| 34. hours later | 68. get out |
| 35. find one's way out | 69. protect yourself from the thick smoke |
| 36. hear some noise above me | 70. a wet piece of cloth |
| 37. in a weak voice | 71. avoid another accident |
| 38. move away the bricks | 72. hurt ourselves |
| 39. find oneself trapped in the building | 73. cut ourselves |
| 40. in all directions | 74. clean the wound |
| 41. the sounds of nature | 75. tie a piece of clean cloth round the
wound |
| 42. walk my dog | 76. press it firmly for 10 to 15 minutes |
| 43. smell smoke | 77. stop the bleeding |
| 44. walk a bit further | |

78. go and see a doctor
79. right away
80. tidal wave
81. run up the hill
82. the police
83. warn us
84. stay away from. . .
85. for a few days
86. go to the beach
87. on the beach
88. as fast as possible
89. look back
90. a few kilometres away under the sea

三、句型

1. Life is priceless; safety comes first.
2. An emergency is a sudden, serious and dangerous event or situation.
3. People need to act quickly to deal with it.
4. A natural disaster is a sudden and powerful event in nature, such as an earthquake or a flood.
5. Did you hear about the fog disaster in Star Town last week?
6. What happened?
7. The fog was so thick that drivers couldn't see more than a metre in front of them.
8. It was about two o'clock in the afternoon.
9. I was working when the earthquake started.
10. At first, I felt a slight shake. Then I heard a loud noise like thunder.

11. Soon the real noise came, like bombs under the ground.
12. The earth started to shake. People shouted in fear. Some ran out of the building. I tried my best to run out too.
13. Outside, people were running in all directions while pieces of glass and bricks were raining down.
14. Then the walls began to come down too!
15. Finally, the noise and shaking ended.
16. It was dark and silent around me.
17. I couldn't see anything at all, and I didn't know if anyone else was around me.
18. I felt nervous, and my heart was beating really fast.
19. "I'm trapped," I said to myself.
20. A moment of fear went through my mind, but I told myself to calm down since I was still alive.
21. I shouted for help. I thought somebody could hear me, but no one came for a very long time.
22. I knew I had to save energy and wait for help.
23. Hours later, as I was trying to find my way out, I suddenly heard some noise above me.
24. "Help! Please help! I'm here!" I cried out in a weak voice.
25. Then I heard shouts from excited people. They quickly moved away the bricks. At last, I was safe!

26. We may hurt ourselves when cooking.
27. Do you know what to do first if we cut ourselves?
28. What should I do if it's bleeding?
29. Tie a piece of clean cloth round the wound, and press it firmly for 10 to 15 minutes.
30. If it's serious, you should go and see a doctor right away.
31. I went to the beach with my friends last Saturday.
32. When we were playing on the beach, suddenly, the sea water started to go away.
33. We heard people shouting. They were telling us to run away from the beach.
34. A big wave was coming towards us.
35. We ran up the hill as fast as possible.
36. When I looked back, the whole beach and all the buildings below us were in water.
37. Many boats were damaged.
38. After the tidal wave passed, the police checked to see if everyone was OK and warned us to stay away from the beach for a few days.
39. They told us that there was an earthquake a few kilometres away under the sea, and it caused the tidal wave.
40. Luckily, no one was hurt or killed. All of us were happy that we were safe.