

Unit 1 Lights, camera, action!

高效晨读 I

诵读

Welcome unit-Reading 部分的词汇结构化知识

建议用时 20 分钟

一、话题词汇

<i>n.</i>	type, comedy, documentary, fantasy, horror, romance, fiction, factor, dinosaur, roar, sheet, envelope, studio, aid, approach, angle, prop, historian, ocean, lecture, justice, iceberg, dragon, award, audience, location, desert
<i>v.</i>	attach, enable, prefer, revise, ensure, perform
<i>adj. & adv.</i>	actually, brief, familiar, visual, frequently, creative, Atlantic, martial
<i>phrases</i>	science fiction, behind the scenes, not to mention, do justice to, in addition to, martial art

二、派生词

comedy	comic <i>adj.</i> 滑稽的; 喜剧的
documentary	document <i>n.</i> 文件, 公文, 文档
fantasy	fantastic <i>adj.</i> 极好的; 奇异的, 怪诞的
horror	horrify <i>vt.</i> 使震惊 horrifying <i>adj.</i> 令人震惊的 horrified <i>adj.</i> 震惊的; 恐惧的
romance	romantic <i>adj.</i> 浪漫的; 爱情的; 富于幻想的; 不切实际的; (Romantic) 浪漫主义的
fiction	fictional <i>adj.</i> 虚构的; 小说(中)的
brief	briefly <i>adv.</i> 短暂地; 简要地
familiar	familiarize <i>vt.</i> (使)熟悉 familiarity <i>n.</i> 熟悉; 认识 unfamiliar <i>adj.</i> 不熟悉的
visual	visually <i>adv.</i> 视觉上; 外表上
frequently	frequent <i>adj.</i> 频繁的 frequency <i>n.</i> 频率; 发生率, 出现率
prefer	preference <i>n.</i> 偏爱; 偏爱的事物 preferable <i>adj.</i> 更适合的; 可更取的
revise	revision <i>n.</i> 修改, 修订; 复习
justice	just <i>adj.</i> 公正的; 合理的 <i>adv.</i> 正好; 刚刚 justify <i>vt.</i> 证明……有理 justified <i>adj.</i> 有正当理由的; 合乎情理的 injustice <i>n.</i> 不公正, 不公平
location	locate <i>vt.</i> 找出……的确切位置; 把……安置在(或建造于)

三、核心词要点

1. attach *vt.* 认为有重要性, 重视; 把……固定, 把……附(在……上)

(1) attach importance/significance/value to (doing) sth 重视; 认为……重要 attach sth/attach sth to sth 附上/把……附在……上
(2) attached <i>adj.</i> 非常喜欢……的; 附属的 be attached to 喜爱; 附属于
(3) attachment <i>n.</i> 依恋; 爱慕; 忠诚; (机器的)附件; (用电子邮件发送的)附件 form a strong attachment to 对……形成强烈的依恋

Many viewers are attached to the classic scenes in the film, which have left a lasting impression on their hearts. 许多观众对电影中的经典场景念念不忘,这些场景在他们心中留下了深刻的印象。

2. prefer *vt.* 较喜欢,更喜欢

- (1) prefer sth to sth 比起……更喜欢……
prefer doing A to doing B=would rather do A than do B 与做某事件 B 相比,更倾向于做事件 A
prefer to do A rather than do B 宁愿做事件 A 而不愿做事件 B
- (2) preference *n.* 偏爱;喜爱;偏爱的事物
in preference to 而不是
- prefer (sb) to do sth 宁愿(某人)做某事
give (a) preference to 给……以优惠;优待
have a preference for 偏爱,喜爱

Dogs can read human behaviour and **have a preference to** people who are more friendly or generous with food. 狗能够读懂人类的行为,并且更喜欢那些更友好或更慷慨给予食物的人。 (2023 天津高考·阅读)

3. approach *n.* 方法;接近,靠近 || *vt.* 接近,靠近;处理

- (1) an approach to (doing) sth 到……的路径;(做)……的方法
- (2) with...approaching 随着……的临近
approach sth=deal with sth 处理某事
- (3) approachable *adj.* 和蔼可亲的;易理解的;可接近的;能达到的
- What's the best way of approaching this problem? 处理这个问题的最佳方式是什么?

4. lecture *n.* 讲座,演讲;教训,训斥 || *vi.* 开讲座,讲课 || *vt.* 指责,训斥

- (1) deliver/give a lecture to sb 给……讲课
- (2) lecture in/on sth (尤指在大学里)开讲座,讲授,讲课
- (3) lecture sb (about/on sth)/sb (about doing sth) (尤指恼人地)指责,训斥,告诫
- Mr Smith will lecture on history at the school hall tomorrow. 史密斯先生明天将在学校礼堂讲授历史。
He's always lecturing me about the way I dress. 他总是对我的衣着指手画脚的。
The coach lectured the players for their lack of teamwork in the game. 教练因球员们在比赛中缺乏团队合作精神而斥责了他们。

5. award *n.* 奖,奖品,奖金 || *vt.* 授予,给予;奖励;判定

- (1) win/receive/get an award for ... 因……而赢得/得到/获得奖项
- (2) award sth to sb (=award sb sth) 把某物颁发给某人
award sb for sth 因某事颁奖给某人
be awarded for 因……而被授予奖项
- (3) award-winning *adj.* 应获奖的;优等的;备受赞誉的
- The school awarded him a scholarship for his excellent academic performance. 学校因其优异的学业成绩授予他奖学金。

6. location *n.* 外景拍摄地;地方,地点

- (1) be shot on location 外景拍摄
the exact location 确切位置
- (2) locate *vt.* 把……安置在;确定……的准确地点
be located at/in/on 坐落于……;位于……
- The film **was shot on location** in the picturesque countryside, capturing authentic scenes. 这部电影在风景如画的乡村实地拍摄,捕捉到了真实的场景。
Located in a quiet spot near the river, the hotel attracts a lot of people to stay in. 这家酒店位于河边一个安静的地方,吸引了很多人入住。

一、派生词默写

1. _____ *n.* 幻想作品;幻想,想象 → _____ *adj.* 极好的;奇异的,怪诞的
2. _____ *n.* 恐怖电影(或故事等);震惊,恐惧 → _____ *vt.* 使震惊 → _____ *adj.* 令人震惊的 → _____ *adj.* 震惊的;恐惧的
3. _____ *n.* 爱情故事;浪漫史;爱情 → _____ *adj.* 浪漫的;富于幻想的;不切实际的
4. _____ *n.* 小说;虚构的事 → _____ *adj.* 虚构的;小说(中)的
5. _____ *adj.* 简洁的,简单的;短时间的 → _____ *adv.* 短暂地;简单地
6. _____ *adj.* 熟悉的,常见的 → _____ *vt.* (使)熟悉 → _____ *n.* 熟悉;认识 → _____ *adj.* 不熟悉的
7. _____ *adj.* 视力的,视觉的 → _____ *adv.* 视觉上;外表上
8. _____ *adv.* 频繁地,经常 → _____ *adj.* 频繁的 → _____ *n.* 频率;发生率,出现率
9. _____ *vt.* 较喜欢,更喜欢 → _____ *n.* 偏爱 → _____ *adj.* 更适合的;更可取的
10. _____ *vt.* 改变,修改;修订;复习 → _____ *n.* 修改,修订;复习
11. _____ *n.* 公平,公正;公道,合理 → _____ *adj.* 公正的;合理的 || *adv.* 正好;刚刚 → _____ *vt.* 证明……有理 → _____ *adj.* 有正当理由的;合乎情理的 → _____ *n.* 不公正,不公平
12. _____ *n.* 外景拍摄地;地方,地点 → _____ *vt.* 找出……的确切位置;把……安置在(或建造于)

二、词汇语境默写

1. It is high time that we _____ (重视) importance to protecting the environment.
2. It is a shame for me to be _____ (训斥) in front of the whole class.
3. When I was younger, I had _____ (不切实际的) ideas of becoming a writer.
4. She felt uneasy in the _____ (陌生的) surroundings.
5. I would p_____ to stay home rather than go out on such a rainy day.
6. I can't come out tonight. I have to r_____.
7. She has been a _____ first prize four years in succession.
8. You'll find the headmaster a very _____ (平易近人的) person.
9. Their duty is to _____ (确保) that all pupils in their group understand and practise what the teacher has taught.
10. You cannot do j_____ to such a complex situation in just a few pages.

高效晨读Ⅱ

诵读

Welcome unit-Reading 部分的短语/句式/话题语段

建议用时 20 分钟

一、短语

1. behind the scenes	在后台,在幕后;秘密地
2. be familiar with	对……熟悉
3. draw one’s attention to sth	使某人注意……
4. shoot a scene	拍摄一个场景
5. attach importance to	认为……重要
6. enable sb to do sth	使某人……有机会/能够做……
7. take a creative approach	采取一个有创意的方法
8. contribute to	对……作出贡献
9. not to mention	更不用说,且不说
10. do justice to	恰当处理;公平对待,给予公正的评价
11. spare a thought for	替……着想,想一想
12. with the aid of	借助于;在……的帮助下
13. on location	出外景;外景拍摄
14. in addition to	除……以外(还)
15. martial art	武术

二、句子

1. Whatever your answer is , there’s always a lot more to it than first meets the eye.	无论你的答案是什么,它(电影)都远比你最初表面看到的更为复杂。
2. Actually, the film you see on the screen is the product of a huge amount of hard work, most of which takes place behind the scenes .	事实上,你在银幕上看到的电影是大量艰苦工作的产物,其中大部分工作都发生在幕后。
3. Just as the poor passengers on the real <i>Titanic</i> saw the tip of the iceberg, what we see on the cinema screen is just the tip of the huge iceberg of film-making .	正如真正的“泰坦尼克号”上那些可怜的乘客们所看到的冰山一角一样,我们在影院银幕上看到的也只是电影制作这座巨大冰山的一角而已。
4. Hopefully, next time you go to the cinema, you’ll spare a thought for all those talented people behind the scenes.	希望下次你们去看电影时,能想一想所有幕后那些才华出众的人们。
5. The Quidditch scenes in the Harry Potter films were made in this way with the actors jumping up and down in front of a green screen.	哈利·波特系列电影中的魁地奇场景就是这样制作的,演员们在绿幕前上下跳跃。

三、话题语段

What's the first thing you notice about a film? The acting? The music? Maybe the amazing sets? Whatever your answer is, there's always a lot more to it than first meets the eye. Actually, the film you see on the screen is the product of a huge amount of hard work, most of which takes place behind the scenes.	对于一部电影你首先会注意到什么？表演？配乐？也许是令人惊叹的布景？无论你的答案是什么，它（电影）都远比你最初表面看到的更为复杂。事实上，你在银幕上看到的电影是大量艰苦工作的产物，其中大部分工作都发生在幕后。
To begin with, I'd like to draw your attention to an important factor of a film—sound effects. These are often added after a scene has been shot and might not be made in the way you would expect.	首先，我想请你注意电影的一个重要元素——音效。这些音效通常是在一个场景拍摄完成之后添加的，而且可能是以你意想不到的方式制作的。
Another aspect I attach great importance to is visual special effects. CGI has been frequently used in film-making as a special effects technology. Generally, scenes requiring CGI are filmed in front of a green screen in the studio. As green doesn't match any natural hair or skin colour, actors can be easily separated from the background. This enables CGI effects to be added later.	另一个我认为非常重要的方面是视觉特效。CGI(计算机生成影像)作为一种特效技术，在电影制作中已经很常用。一般来说，需要使用 CGI 的场景是在摄影棚里的绿幕前拍摄的。因为绿色与任何自然的发色或肤色都不匹配，演员可以轻易地从背景中分离出来。这使得在后期添加 CGI 效果成为可能。
Props also contribute to a film's success. To make a film look real, great effort must sometimes be made to research, find and build objects.	道具也有助于一部电影的成功。为了让电影看起来逼真，有时必须付出巨大的努力去研究、寻找和构建物体。

检测

建议用时 15 分钟

答案 P61

一、短语默写(汉译英/英译汉)

1. 在后台,在幕后;秘密地

3. draw one's attention to sth

5. 认为……重要

7. take a creative approach

9. 更不用说,且不说

11. spare a thought for

13. on location

15. 武术
2. 对……熟悉

4. shoot a scene

6. 使某人……有机会/能够做……

8. 对……作出贡献

10. 恰当处理;公平对待

12. 借助于;在……帮助下

14. 除……以外(还)

二、句式补全

1. 无论你的答案是什么,它(电影)都远比你最初表面看到的更为复杂。
Whatever your answer is, _____.

2. 事实上,你在银幕上看到的电影是大量艰苦工作的产物,其中大部分工作都发生在幕后。
Actually, the film you see on the screen is the product of _____,
most of which _____.

3. 希望下次你们去看电影时,能想一想所有幕后那些才华出众的人们。
Hopefully, _____, you'll _____.

4. 哈利·波特系列电影中的魁地奇场景就是这样制作的,演员们在绿幕前上下跳跃。

The Quidditch scenes in the Harry Potter films were made in this way _____.

三、课文还原填空

Behind the scenes

<p>What’s the first thing you notice 1. _____ a film? The acting? The music? Maybe the amazing sets? 2. _____ your answer is, there’s always a lot more to it than first 3. _____. Actually, the film you see on the screen is the product of a huge 4. _____ of hard work, most of which takes place 5. _____. Today, I’ll give you a 6. _____ introduction to some aspects of film-making you might not 7. _____.</p>
<p>To begin with, I’d like to 8. _____ your attention to an important factor of a film—sound effects. These are often added after a scene has been 9. _____ and might not be made in the way you would expect.</p>
<p>Another aspect I attach great importance 10. _____ is visual special effects. CGI has been 11. _____ used in film-making as a special effects technology. Generally, scenes requiring CGI are filmed in front of a green screen in the studio. As green doesn’t 12. _____ any natural hair or skin colour, actors can be easily 13. _____ from the background. This 14. _____ CGI effects to be added later.</p>
<p>Props also 15. _____ a film’s success. To make a film look real, great effort must sometimes be 16. _____ to research, find and build objects.</p>

高效晨读Ⅲ

诵读

Grammar and usage-Integrated skills 部分的语言知识要点

建议用时 20 分钟

一、派生词

title	entitle <i>vt.</i> 使享有权利;使符合资格;给……命名
adapt	adaptable <i>adj.</i> 有适应能力的;能适应的 adaptation <i>n.</i> 改编;适应
regard	regarding <i>prep.</i> 关于 regardless <i>adv.</i> 不管,不顾
eventually	eventual <i>adj.</i> 最终的
typical	typically <i>adv.</i> 典型地
recommend	recommendation <i>n.</i> 推荐,介绍;推荐信;正式建议

二、核心词要点

1. adapt *vt.* 改编,改写;使适应;使适合 || *vi.* 适应

(1) adapt (oneself) to (使自己)适应	adapt ...for ... 将……改编为……;使……适合于……
adapt ...from ... 根据……改编……	be adapted from 由……改编
(2) adaptable <i>adj.</i> 可改编的;能适应的	be adaptable to 能够适应
(3) adaptation <i>n.</i> 改编;适应	an adaptation of ……的改编本
the adaptation of sb/sth to sth 某人/某物对某物的适应	
We should learn to adapt to changes in our daily life, whether they are big or small. 我们应该学会适应日常生活中的变化,无论这些变化是大是小。	
He made a quick adaptation to the new surroundings. In other words, he was more adaptable. 他迅速适应了新环境。换句话说,他的适应能力更强。	

2. regard *vt.* 将……认为,看待;注视 || *n.* 致意;问候;关注;关心;尊敬

(1) regard ... as/to be ... 把……看作……	
(2) give my best regards (to sb) 代我问候(某人)	
in this/that regard 在这/那方面;在这/那一点上	in/with regard to 关于,至于
(3) regardless of 不管,不顾	regardless of the fact that ... 不顾……的事实
I regard this experience to be a precious treasure in my life. 我把这次经历看作我生命中宝贵的财富。	
In regard to your question, I will give you a detailed answer later. 关于你的问题,我稍后会给你一个详细的答复。	

3. cure *n.* 治疗;药物,疗法 || *vt.* 治好;矫正,改正;解决

(1) a cure for ... ……的治疗方法;治愈……的方法	
(2) cure sb of sth 治愈某人的某种疾病;矫正/改正某人的不良行为	
Empathy can be a cure for loneliness, sadness, anxiety, and fear. 共情可以治愈孤独、悲伤、焦虑和恐惧。The kind words and care from her friends cured her of her shyness, and she began to actively participate in social activities. 朋友们温暖的话语和关心改掉了她的羞怯,她开始积极参与社交活动。	

4. fancy *adj.* 复杂的;花哨的;昂贵的 || *vt.* 想要,想做;倾慕 || *n.* 想象(力);喜爱

(1) fancy goods 精美小商品	
(2) fancy oneself as 自认为是	
(3) a passing fancy 一时的兴趣(或爱好)	catch/take sb's fancy 吸引某人;中某人的意

My brother fancies himself as a basketball star and spends a lot of time practising. 我哥哥自认为是篮球明星,花很多时间练习。

His dream of becoming a famous actor when he was a child turned out to be just a passing fancy. 他小时候想成为一名著名演员的梦想结果只是一时的念头罢了。

5. narrow *adj.* 狭窄的;勉强的;狭隘的 || *vt. & vi.* (使)窄小,缩小

the narrow street 狭窄的街道	a narrow victory 险胜
narrow-minded 狭隘的、心胸狭窄的	a narrow escape 死里逃生、勉强逃脱
narrow down 缩小范围、减少选项	
narrowness <i>n.</i> 狭窄;狭小,小气;狭隘性	

Her eyes narrowed when she saw the strange man in the corner. 当她看到角落里那个奇怪的男人时,她眯起了眼睛。

6. recommend *vt.* 推荐,举荐;劝告,建议

(1) recommend doing sth 建议做某事	recommend sb to do sth 建议某人做某事
recommend sth to sb 把某物推荐给某人	recommend sb as 推荐某人为……
recommend that ... (should) do sth 建议……做某事	
It's highly recommended that ... (should) do ... 强烈建议/推荐……做……	
(2) a letter of recommendation 一封推荐信	
This movie is highly recommended by critics. 这部电影受到评论家的极力推荐。	

三、短语(1—2 属 Grammar and usage 部分;3—9 属 Integrated skills 部分)

1. be regarded as	被认为是;被当作是
2. work on	从事;致力于;对……起作用;影响
3. star sb	使主演;由……担任主角
4. be set in	以……为背景
5. fancy special effects	复杂的特效
6. have chemistry with sb	与某人有化学反应,对某人心动
7. all in all	从各方面考虑;总的来说
8. be fed up with	对……感到厌烦
9. appeal to sb	对某人有吸引力

四、句式(1—3 属 Grammar and usage 部分;4—7 属 Integrated skills 部分)

1. Based on Rudyard Kipling's book of the same title, it describes the story of a boy named Mowgli.	这部电影根据拉迪亚德·吉卜林的同名作品改编,讲述了一个名叫毛克利的男孩的故事。
2. In 1967, Disney adapted the book into a cartoon film, which is widely regarded as a classic .	1967 年,迪士尼把这本书改编成一部卡通电影,这部电影被广泛认为是一部经典。
3. <i>The Jungle Book</i> lasts for about two hours but there is enough tension and humour to hold your attention during the whole film.	《奇幻森林》持续大约两个小时,但它的紧张和幽默足以让你在整部电影中保持注意力。
4. The film stars Colin Firth as King George VI.	该影片由科林·费尔斯饰演国王乔治六世。

5. Based on a true story, the film is set in London in the 1930s.	该影片根据真实故事改编,背景设定在 20 世纪 30 年代的伦敦。
6. The film looks like a fairly typical historical film without fancy special effects , and it is made enjoyable by the performances of the main actors.	这部电影看起来像一部颇为典型的历史剧,没有复杂的特效,而几位主演的出色演技令这部电影十分精彩。
7. All in all , I highly recommend this film.	总而言之,我强烈推荐这部电影。

检测

建议用时 15 分钟 答案 P61

一、派生词默写

1. _____ *n.* 名称,标题;称号→ _____ *vt.* 使享有权利;使符合资格;给……命名
2. _____ *vt.* 改编;使适应 || *vi.* 适应→ _____ *adj.* 有适应能力的;能适应的→ _____ *n.* 改编;适应
3. _____ *vt.* 将……认为,看待;注视→ _____ *prep.* 关于→ _____ *adv.* 不管,不顾
4. _____ *adv.* 最后,终于→ _____ *adj.* 最终的
5. _____ *adj.* 典型的,有代表性的→ _____ *adv.* 典型地
6. _____ *vt.* 推荐,举荐;劝告,建议→ _____ *n.* 推荐,介绍;推荐信;正式建议

二、词汇语境默写

1. It took him a few weeks to _____ (适应) to the new school.
2. This is a _____ (经典的) example of how to solve the maths problem.
3. The police r _____ him as a suspect in the case.
4. The s _____ to the water shortage is to save water and find new water sources.
5. Can you _____ (推荐) a good book for me to read?
6. There is no known c _____ but the illness can be treated.
7. The gap between the two teams has n _____ to three points.
8. They added a lot of _____ (复杂的;花哨的) footwork to the dance.
9. She hopes to get a job on the local newspaper and _____ (最终) work for *The Times*.
10. The weather at the moment is not _____ (典型的) for July.

三、短语默写(汉译英/英译汉)

1. 被认为是;被当作是 _____
2. 从事;致力于 _____
3. 以……为背景 _____
4. 对……感到厌烦 _____
5. 从各方面考虑;总的来说 _____
6. 对某人有吸引力 _____
7. have chemistry with sb _____
8. fancy special effects _____

四、句式补全/句子翻译

1. In 1967, Disney _____ (把这本书改编成卡通电影), which _____ (被广泛认为是) a classic.
2. *The Jungle Book* _____ (持续) about two hours but _____ (有足够的紧张和幽默) to hold your attention during the whole film.
3. 该影片根据真实故事改编,背景设定在 20 世纪 30 年代的伦敦。

4. 这部电影看起来像一部颇为典型的历史剧,没有复杂的特效。

5. 总而言之,我强烈推荐这部电影。

高效晨读Ⅳ

诵读

Extended reading-Project 部分的词汇结构化知识

建议用时 10 分钟

一、话题词汇

<i>n.</i>	personality, event, angel, arrow, pea
<i>v.</i>	wave, recollect, recall,
<i>adj. & prep.</i>	despite, major, dandy, crooked
<i>phrases</i>	pull up

二、派生词

personality	personal <i>adj.</i> 个人的;人际的;私人的;亲自的 personally <i>adv.</i> 就本人而言;亲自地 personalize <i>vt.</i> 使个性化
major	majority <i>n.</i> 大多数
event	eventful <i>adj.</i> 充满大事的;多事故的;多变故的
recollect	recollection <i>n.</i> 记忆力;回忆;往事,回忆的事
crooked	crook <i>n.</i> 骗子;臂弯;肘弯 <i>vt.</i> 使(手指或手臂)弯曲

三、核心词要点

1. despite *prep.* 即使,尽管

despite/in spite of the fact that 尽管这一事实……(常用于句首或句中)

despite doing sth 尽管做某事

Despite the fact that he had a busy schedule, he made time for his hobby of painting. 尽管事实上他的日程安排很繁忙,但他还是抽出时间来发展他的绘画爱好。

Despite facing many difficulties, he never gave up and finally achieved his goal. 尽管面临许多困难,他从未放弃,最终实现了自己的目标。

2. major *adj.* 主要的,重要的;大的 || *n.* 专业,主修课程;主修生 || *vi.* 主修

(1) the major cause of the problem 问题的主要原因 play a major role in 在……中发挥重要作用

(2) an English major 一位英语专业的学生 (3) major in sth 主修某专业

(4) in a/the majority 占大多数 a/the majority of 大多数…… 反义词: minority *n.* 少数;少数民族

检测

建议用时 5 分钟

答案 P61

一、派生词默写

- _____ *n.* 性格,个性;气质→_____ *adj.* 个人的;亲自的→_____ *adv.* 亲自地→_____ *vt.* 使个性化
- _____ *adj.* 主要的,重要的 || *vi.* 主修 || *n.* 专业→_____ *n.* 大多数
- _____ *n.* 事件;活动→_____ *adj.* 充满大事的;多事故的;多变故的
- _____ *vt. & vi.* 记起,回忆起→_____ *n.* 记忆力;回忆;往事
- _____ *adj.* 不直的,弯曲的→_____ *n.* 骗子;臂弯 || *vt.* 使(手指或手臂)弯曲

二、词汇语境默写

- Though their _____ (个性,性格) vary, they are getting along well with each other.
- She could not _____ (回想起) his name.
- Johnson referred to the discovery as a _____ (主要的) breakthrough in medical science.
- They put us on the right road, and then they w_____ goodbye and disappeared from view.
- Extreme weather _____ (事件), such as droughts and floods, are becoming more frequent and more severe around the world.

高效晨读V

诵读

Extended reading-Project 部分的短语/句式

建议用时 10 分钟

一、短语

1. pull up	停车,停止
2. come along	跟随,跟着来;抵达,出现
3. wave to/at sb	向某人招手
4. recall sth	记起,回想起;使想起;召回
5. as straight as an arrow	正直的;挺直如箭
6. like peas and carrots	形影不离
7. dub sth (into sth)	为(影片或电视节目)配音;译制

二、句式

1. <i>Forrest Gump</i> is a 1994 film starring Tom Hanks.	《阿甘正传》是 1994 年由汤姆·汉克斯主演的电影。
2. The bus pulls up as Mrs Gump prepares Forrest for his first day of school.	在甘太太帮阿甘为第一天上学做准备时,校车停了下来。
3. Forrest looks to the other side where a boy sits alone on a larger seat.	阿甘看向另一边,一个男孩独自坐在一个较大的座位上。
4. My momma said my back's crooked like a question mark . These are going to make me as straight as an arrow .	我妈妈说我的背弯得像个问号。它们会让我像箭一样直。
5. From that day on, we was always together. Jenny and me was like peas and carrots .	从那天起,我们一直在一起。我和珍妮形影不离。

检测

建议用时 5 分钟

答案 P61

一、短语默写(汉译英/英译汉)

1. 停车,停止 _____
2. 向某人招手 _____
3. 记起,回想起 _____
4. 正直的;挺直如剑 _____
5. 形影不离 _____
6. 为(影片或电视节目配音;译制) _____

二、句式补全/句子翻译

1. 《阿甘正传》是 1994 年由汤姆·汉克斯主演的电影。
Forrest Gump is a 1994 film _____.
2. 在甘太太帮阿甘为第一天上学做准备时,校车停了下来。
The bus _____ as Mrs Gump _____.
3. 我妈妈说我的背弯得像个问号。它们会让我像箭一样直。
My momma said my back's _____. These are going to make me _____.
4. 从那天起,我们一直在一起。我和珍妮形影不离。
_____, we was always together. Jenny and me was _____.

高效晨读 VI

写作专项

写作专项：应用文写作微技能——申请书

🕒 建议用时 20 分钟

申请书有很多种,比如求职申请、加入某组织或活动的申请、报考申请、留学申请等。写申请书的目的在于让对方了解自己的经验、能力、成就、愿望等,所以个人情况的介绍应该是申请书的核心内容,应尽可能向对方说明本人的长处,以便留下好印象,获得面谈的机会。申请书多用第一人称与一般现在时,介绍过去的情况可用一般过去时。

一、申请书的结构

开头	写信目的	自我介绍;点明信息源;表明自己能胜任
主体	详述优势	相关经验;性格品质;相应的专业技能;成绩优秀
结尾	期盼回复	表示感谢;简述打算;期盼批准

二、开头常用表达

1. I am writing this letter to recommend myself as a qualified candidate for ...	我认为我是……的合格人选,所以我写信推荐自己。
2. I'm writing to apply for the position of ...advertised in the newspaper.	我写信是想申请登在报纸上的……职位。
3. Having heard that you are recruiting volunteers to review a film, I am writing to apply for a chance to become a volunteer.	听说你们正在招募评论电影的志愿者,我写信是想申请一个成为志愿者的机会。
4. I'm Li Hua, a 17-year-old teenager. I learned on your official website that a volunteer is needed for an exhibition of Chinese traditional paintings in London. So I am writing to apply for this position.	我是李华,一个 17 岁的青少年。我从你们的官方网站上得知,在伦敦举办的中国国画展览需要一名志愿者。所以我写信申请这个职位。

三、申请理由与优势

1. With good academic performance and practical working experience, I feel I'm the right person you're looking for.	我有良好的学习成绩和实际工作经验,我觉得我是你们要找的合适人选。
2. I have a good understanding of ...	我很了解……
3. I work hard and I can get along well with others.	我努力工作,与人相处融洽。
4. I strongly believe I meet the qualifications listed in your advertisement and I have my advantages to be a member of your team.	我坚信我符合你们广告中所列的条件,我有优势能成为你们团队的一员。
5. As an open-minded and creative girl, I have a good knowledge of film-making, thus making me your good choice.	作为一个头脑开放、富有创造力的女孩,我精通电影制作,所以我是你们很好的选择。

四、结尾常用表达

1. I will appreciate it very much if you would give me the chance. Looking forward to your early reply.	如果您能给我这个机会,我将不胜感激。期待您的早日回复。
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2. It would be appreciated if you take my application into account/consideration , looking forward to your earliest/earnest (真诚的) reply.	如果您能考虑我的申请,我将不胜感激,期待您的尽早/诚挚的回复。
3. Hopefully , this wonderful chance would be offered to me. I have the confidence that I will live up to your expectations . Looking forward to your reply.	希望能给我这个好机会。我有信心能达到您的期望。期待您的回复。

五、谚语、名人名言

1. A film is—or should be—more like music than like fiction. It should be a progression of moods and feelings. <div>—Stanley Kubrick American director, scriptwriter and producer</div>	电影是——或者说应该是——更像音乐而非小说。它应该是一个情绪和情感的逐步发展过程。 <div>——斯坦利·库布里克 (美国电影导演、编剧、制片人)</div>
2. Film art is based on editing.	电影艺术的基础在于剪辑。
3. Let a person be in a changeable environment, let him miss countless or far or near people, let him have a relationship with the whole world: this is the meaning of the film. <div>—Andrei Tarkovsky Russian director and scriptwriter</div>	让一个人置身于变幻无穷的环境中,让他与数不尽的或远或近的人物错身而过,让他与整个世界建立关系:这就是电影的意义。 <div>——安德烈·塔可夫斯基 (俄罗斯电影导演、编剧)</div>

检测

建议用时 10 分钟

答案 P61

一、根据汉语提示补全句子

1. I am writing this letter to _____ (推荐我自己) as a qualified candidate for the position advertised in yesterday’s newspaper.
2. I’m writing to _____ (申请) the position of the film critic on your official website.
3. Having heard that you are _____ (招募志愿者) to review a film, I am writing to apply for a chance to become a volunteer.
4. With good academic performance and practical working experience, I feel _____ (我是你们要找的合适人选).
5. It would be appreciated if you _____ (考虑我的申请), looking forward to your earliest/earnest reply.

二、句子翻译或补全句子

1. 我是李华。我从你们的官方网站上得知,在伦敦举办的中国国画展览需要一名志愿者。所以我写信申请这个职位。
I’m Li Hua. _____ that a volunteer is needed for an exhibition of Chinese traditional painting in London. So _____.
2. 我有良好的学习成绩和实际工作经验,我觉得我是你们要找的合适人选。

3. 我对电影制作有很好的了解。

4. 如果您能给我这个机会,我将不胜感激。

5. 希望能给我这个好机会。我有信心能达到您的期望。期待您的回复。

高效晨读答案

Unit 1 Lights, camera, action!

高效晨读 I

一、派生词默写

1. fantasy; fantastic 2. horror; horrify; horrifying; horrified 3. romance; romantic 4. fiction; fictional 5. brief; briefly 6. familiar; familiarize; familiarity; unfamiliar 7. visual; visually 8. frequently; frequent; frequency 9. prefer; preference; preferable 10. revise; revision 11. justice; just; justify; justified; injustice 12. location; locate

二、词汇语境默写

1. attached 2. lectured 3. romantic 4. unfamiliar 5. prefer 6. revise 7. awarded 8. approachable 9. ensure 10. justice

高效晨读 II

一、短语默写(汉译英/英译汉)

1. behind the scenes 2. be familiar with 3. 使某人注意…… 4. 拍摄一个场景 5. attach importance to 6. enable sb to do sth 7. 采取一个有创意的方法 8. contribute to 9. not to mention 10. do justice to 11. 替……着想,想一想 12. with the aid of 13. 出外景; 外景拍摄 14. in addition to 15. martial art

二、句式补全/句子翻译

1. there's always a lot more to it than first meets the eye 2. a huge amount of hard work; takes place behind the scenes 3. next time you go to the cinema; spare a thought for all those talented people behind the scenes 4. with the actors jumping up and down in front of a green screen

三、课文还原填空

1. about 2. Whatever 3. meets the eye 4. amount 5. behind the scenes 6. brief 7. be familiar with 8. draw 9. shot 10. to 11. frequently 12. match 13. separated 14. enables 15. contribute to 16. made

高效晨读 III

一、派生词默写

1. title; entitle 2. adapt; adaptable; adaptation 3. regard; regarding; regardless 4. eventually; eventual 5. typical; typically 6. recommend; recommendation

二、词汇语境默写

1. adapt 2. classic 3. regarded 4. solution 5. recommend 6. cure 7. narrowed 8. fancy 9. eventually 10. typical

三、短语默写(汉译英/英译汉)

1. be regarded as 2. work on 3. be set in 4. be fed up

with 5. all in all 6. appeal to sb 7. 与某人有化学反应, 对某人心动 8. 复杂的特效

四、句式补全/句子翻译

1. adapted the book into a cartoon film; is widely regarded as 2. lasts for; there is enough tension and humour 3. Based on a true story, the film is set in London in the 1930s. 4. The film looks like a fairly typical historical film without fancy special effects. 5. All in all, I strongly recommend this film.

高效晨读 IV

一、派生词默写

1. personality; personal; personally; personalize 2. major; majority 3. event; eventful 4. recollect; recollection 5. crooked; crook

二、词汇语境默写

1. personalities 2. recall/recollect 3. major 4. waved 5. events

高效晨读 V

一、短语默写(汉译英/英译汉)

1. pull up 2. wave to/at sb 3. recall sth 4. as straight as an arrow 5. like peas and carrots 6. dub sth (into sth)

二、句式补全/句子翻译

1. starring Tom Hanks 2. pulls up; prepares Forrest for his first day of school 3. crooked like a question mark; as straight as an arrow 4. From that day on; like peas and carrots

高效晨读 VI

一、根据汉语提示补全句子

1. recommend myself 2. apply for 3. recruiting volunteers 4. I'm the right person you're looking for 5. take my application into account/consideration

二、句子翻译或补全句子

1. I learned on your official website; I am writing to apply for this position 2. With good academic performance and practical working experience, I feel I'm the right person you're looking for. 3. I have a good understanding/knowledge of film-making. 4. I will appreciate it very much if you would give me the chance. 5. Hopefully, this wonderful chance would be offered to me. I have the confidence that I will live up to your expectations. Looking forward to your reply.