

## Unit 1 Know yourself

### Comic strip & Welcome to the unit

一、1. curious 2. order 3. creative

4. grammar 5. Neither

二、1. show off 2. Neither; nor

3. came up with 4. is kept in order

5. eaten up

三、1. share happiness or sadness with each other

2. ate up all the food on the plate

3. feeling lonely; because I know neither classmates nor teachers

4. keeping everything in order

5. very creative; comes up with good ideas

四、1. B

2. C 提示: creative 有创造力的; patient 耐心的; organized 有条理的; practical 实用的。句意: 为了更有条理, 丽萨在旅行前计划了活动, 预定了房间。

3. A 提示: It is+adj. +for sb. to do sth. 中的形容词描述事物本身的属性; It is+adj. +of sb. to do sth. 中的形容词形容人的品质或特点。句中 convenient 修饰其后的事情, 介词用 for; 不定式在句中作真正的主语。

4. A 提示: come up with 想出, 提出; believe in 相信; take part in 参加; fall in love with 爱上。句意: 尽管这位老教授反对我的观点, 但他没有提出自己的观点。

5. A 提示: eat up 吃完; use up 用完; throw away 扔掉; give away 捐赠。答句句意: 我同意, 所以我总是吃完我点的食物。

五、【语篇导读】本文作者通过将自己和哥哥进行比较介绍了每个人都是不同的。我们要接纳并热爱这种不同。

1. C 提示: 根据上文“Eddie and I looked much the same”可知, 作者和哥哥埃迪长得像, 由此推知此处指他们的脸(faces)是父母的完美结合。

2. B 提示: angry 生气的; different 不同的; pleased 高兴的; excited 激动的。句意: 然而, 我确实有不同的感受。

3. A 提示: 根据上文“My eldest brother, Tony, was humorous.”可知, 托尼能讲有趣的故事, 让你笑(laughing)个不停。

4. B 提示: 根据“He was good at football and often entered competitions.”可推知, 埃迪是一个很活跃(active)的人。

5. D 提示: friend 朋友; classmate 同学; parent 父/母亲; brother 兄弟。句意: 然而, 我很安静, 不像我的哥哥们那样外向。

6. C 提示: 根据下文“My reading 8 me to start writing.”可知, 作者花了很多时间在阅读上。

7. A 提示: 根据上文“For most of the time, I played alone.”可知, 作者通常一个人玩, 因此可能被认为很孤独。

8. C 提示: wish 希望; ask 问; lead 引导; warn 警告。句意: 我的阅读引导我开始写作。

9. A 提示: 根据上文“find great pleasure”可知, 此处指乐趣。

10. D 提示: funny 有趣的; wrong 错误的; boring 无聊的; special 特别的。句意: 我们的生活中都有些特别的东西。

六、【语篇导读】作者的妹妹患有自闭症, 两年前, 妹妹要上台表演, 但是她花了大约一分钟才说出她的名字和班级, 作者感到很丢人, 但是最后妹妹歌唱得非常好。

1. B 提示: 细节理解题。根据第一段中“I never, ever said in public that she was my sister”可知, 作者从未在公共场合承认过自己的妹妹, 故④排第一位, 排除 A、D 两项; 根据第二段中“I was completely shocked.”可知, 作者听到妹妹要上台表演, 非常震惊, 故③排第二位, 排除 C 项。

2. A 提示: 推理判断题。本文主要讲述了作者患有自闭症的妹妹在表演时歌唱得非常好的故事。从这个故事中我们可以了解到, 任何人都有自己擅长的事情, 都值得尊敬。

3. C 提示: 最佳标题题。本文主要介绍了作者的妹妹有点自闭, 两年前, 妹妹要上台表演, 但是她花了大约一分钟才说出她的名字和班级, 作者感到很丢人, 但是最后妹妹歌唱得非常好。故选项 C“从我妹妹那儿得到的一个教训”最适合作标题。

## Reading( I )

一、1. praise 2. carelessness

3. connect 4. pioneer's 5. race

二、1. to high standards 2. take the lead

3. give up 4. connects; with

5. be impressed with

三、1. his work shouts

2. You can't be too careful

3. why you always fall behind others

4. a miss is as good as a mile

5. I can't agree more

四、1. D 提示:句意:——你在英语演讲比赛中的发音引起了我的注意。——非常感谢你。catch one's attention 意为“引起某人的注意”,是固定词组。

2. C 提示:both...and...两者都;either...or...或者……或者……;neither...nor...既不……也不……;not only...but also...不仅……而且……。根据“I enjoy comics.”可知,“我”喜欢漫画,因此“我”既不喜欢喜剧,也不喜欢纪录片。

3. C 提示:句意:——漫不经心地穿过街道是危险的。——你说得对。我们穿过街道时再怎么小心也不为过。can't be too *adj.* 是固定搭配,意为“再……都不过分”。

4. A 提示:take on 承担,接受;take off 起飞;take out 拿出来;take away 带走。句意:事物在快速变化,所以我们应该准备好接受任何挑战。

5. D 提示:as much as(置于数量前)多达;as well as 以及;as far as 就……而言;as good as 几乎,简直。句意:我的卧室打扫之后看起来几乎和新的一样。

五、【语篇导读】本文从介绍单面煎蛋引申到“sunny”一词在日常生活中的应用。

1. B 提示:lay 放置;cook 烹饪;drop 跌落;make 制作。句意:你可以用很多不同的方式烹饪它们!

2. C 提示:divide 分开;order 命令;break 打破;present 展现。句意:你在火炉上放一个平底锅,加一些油,打一个鸡蛋放进去。

3. B 提示:根据下文“It looks like a happy sun

on a plate.”可知,鸡蛋的黄色部分仍是(stays)黄色。

4. D 提示:根据下文“A very happy person can be described as sunny.”可知,此处指“sunny”也可以用来描述人(people)。

5. C 提示:根据下文“It describes the ways that people behave.”可知,“sunny”这个词也可以用来形容性格(personality)。

6. C 提示:句意:我的同学彼得因开朗而出名。be known for 意为“因……而出名”。

7. B 提示:根据上文“He is always smiling and energetic.”可知,彼得总是心情好。be in a good mood 意为“心情好”。

8. D 提示:句意:光线穿过云层和黑暗,让一天明亮起来。cut through 意为“穿过”。

9. A 提示:bright 明亮的;dark 黑暗的;long 长的;short 短的。句意见上题。

10. A 提示:句意:性格阳光的人也是这样,这意味着他们能振奋你的精神或让你开心起来。lift spirit 意为“振奋精神”。

11. A 提示:angrily 生气地;happily 高兴地; certainly 无疑;correctly 正确地。句意:如果一个人表现得很不开心甚至很生气,我也可以称他为“一缕阳光”。

12. D 提示:句意:事实上,当我的朋友有这种感受时,他并没有错,但是似乎没有什么事情能让他快乐。nothing 意为“没有东西”,符合语境。

13. D 提示:decision 决定;victory 胜利;courage 勇气;lifetime 一生。句意:当然,人们不可能在一生中总是保持快乐,因为好事和坏事都有50%的概率发生。

14. B 提示:plan 计划;chance 机会;可能性;decision 决定;change 改变。句意见上题。

15. D 提示:or 或者;and 和;so 因此;but 但是。句意:人们可能会受到不同事情的影响,但是一些人能更多地想到生活中好的事情,而不是坏的事情。

六、【语篇导读】本文主要讲述了苏珊凭借自己的力量成为一名环保主义者的事迹。

1. own 2. headed 3. attend

4. worried 5. grew 6. breaking

7. typical 8. spoke 9. worse

10. future

## Reading( II )

一、1. general 2. lead 3. high-speed

4. Attention 5. standards

二、1. fell behind 2. is suitable for

3. has taken on 4. devoted; to

5. to pay attention to

三、1. She works in the store day after day.

2. This is your first job, so you can't be too hard-working.

3. He takes on a part-time job after work.

4. To create the best art, he is always searching for something different.

5. Don't give up! Try your best and you'll surely succeed!

四、1. D 提示:as good as 此处意为“和……一样好”,修饰名词。答句句意:我完全同意。她微笑的眼睛看起来总是像闪亮的星星一样。

2. B 提示:influence 影响;impress 给……留下深刻印象;express 表达;remind 提醒。句意:叙利亚总统和他的家人在 2023 年亚运会期间来访中国。我对他妻子的美丽和智慧印象深刻。

3. A

4. C 提示:根据“I like drinking tea.”可知,“我”既不喜欢冰咖啡也不喜欢热咖啡。表示两者都不,用 neither。

5. D 提示:句意:樊锦诗一生中大部分时间都致力于研究和保护古老的敦煌石窟。她被许多人称为“敦煌之女”。devote to 意为“致力于,献身于”。

五、【语篇导读】汤姆因为老板器重约翰逊而心生不满,老板用“西瓜”事件教育他,让他看到了自己与约翰逊的差距。

1. C 提示:细节理解题。根据第一段中“One day Tom could not take it any more. He wrote his resignation letter to the boss and complained that the boss did not value hard-working workers.”可知,汤姆写信给老板是因为他认为老板不重视他。

2. B 提示:细节理解题。根据第二段“The boss knew that Tom didn't work hard for the company all these years, but in order to help Tom to realize the difference between him and

Johnson, the boss asked Tom to do the following.”可知,老板让汤姆去市场是为了让他意识到自己与约翰逊的差距。

3. C 提示:词义猜测题。根据画线短语所在句中“a more successful person is more careful, thinks more and understands in depth”可知,一个更成功的人更仔细,思考得更多,理解得更深入。故画线短语表示“深入地”。

4. A 提示:细节理解题。根据第八段“Tom realized the difference between himself and Johnson. He decided not to leave but to learn from Johnson.”可知,汤姆意识到自己和约翰逊的差距后,决定向他学习。

5. B 提示:主旨大意题。根据倒数第二段中“My dear friends, you know, a more successful person is more careful, thinks more and understands in depth.”以及全文可知,本文通过讲述汤姆因为老板器重约翰逊而心生不满,老板用“西瓜”事件教育了他,让他看到了自己与约翰逊的差距的故事,从而告诉我们应看得更多、更远。

六、【语篇导读】本文介绍了作者暑假去海南学习冲浪的经历。他从学习冲浪中领悟到熟能生巧的道理。

1. In Wanning, Hainan.

2. The coach. /The coach taught him.

3. Because he was nervous.

4. By practising hard many times.

5. Practice makes perfect. (言之有理即可)

## Grammar

一、1. either; or 2. Both; and 3. But

4. not only; but also 5. neither; nor

二、1. got angry with 2. is impatient with

3. do the dishes 4. is ready to

5. think twice

三、1. Good books not only help me relax after a busy day, but also open up a whole new world to me.

2. I can't agree more with you/what you said.

3. The work is a challenge in itself.

4. The park is very beautiful and wins good praise from visitors.
5. We have to say goodbye now, but our friendship will last forever.

四、1. B 提示:and 和;but 但是;or 或者;so 因此。  
句意:——我喜欢烹饪,但我不擅长烹饪。——你可以向莉莉求助,她做的食物很好吃。

2. C

3. B 提示:not only... but also 连接的并列成分作主语时,谓动词应遵循就近原则。  
since 表示自从,主句应用现在完成时。

4. B 5. D

五、【语篇导读】莉齐曾经让邦妮当她雕塑的模特骑手,后来邦妮通过这次神奇的经历对雕刻产生了兴趣,并成了一名成功的雕塑家。

1. B 提示:细节理解题。根据第三段“‘It needs a rider,’ she turned to me. ‘Would you be the rider, Bonny?’”和第五段中“Later, I tried to sit on the horse. It felt strange up there—much higher than on bikes.”可知,莉齐让邦妮成为她雕塑的模特骑手。

2. D 提示:推理判断题。根据上文“I followed her words and set to make my small sculpture, layer on layer. The more I did, the more I felt I belonged to this new world. With growing interest, I kept sculpting.”可知,此处应说“我对自己所做的事从未如此满意过”,选项 D 符合语境。

3. B 提示:细节理解题。根据倒数第三段“Months later, a cardboard arrived in a post. It was of me sitting on the horse.”和倒数第二段“So here I am, twenty years on, working as a sculptor. As I look out from my sculpture studio window, I see Lizzie’s *Horse and Rider* and all around my sculptures are gathered.”可知,邦妮把莉齐的《马和骑士》保存了二十年是因为它开启了邦妮的雕刻家生涯。

六、【语篇导读】本文通过讲述曾子杀猪教子的故事,告诉我们要言而有信。

1. Zengzi’s./Zengzi’s teacher was Confucius.
2. By cheating her son.
3. He thought (that) honesty was the most

important thing.

4. Because she wanted to keep her word.
5. Yes./Yes, he did.

### Integrated skills & Study skills

- 一、1. liveliest 2. appears 3. shape  
4. fixed 5. divide

- 二、1. believe in 2. through hard work  
3. depends on 4. animal sign  
5. in all

- 三、1. It is said that  
2. It is you who shape  
3. Were you divided into five groups to discuss  
4. believe in yourself, you will be successful  
5. depends on our effort

四、1. D 提示:require 要求;reply 回复;remind 提醒;represent 代表。答句句意:当然!图表中的每个颜色代表要完成这个项目的不同的团队。

2. D 3. D

4. C 提示:lively 活泼的;生机勃勃的;alive 活着的。句意:寒冷的冬天后蝴蝶还活着。现在森林里面生机勃勃。

5. B

五、【语篇导读】本文主要介绍了人们应该如何适当地给予反馈。

1. B 提示:代词指代题。根据第一段中“However, someone has to give that feedback, and sometimes, that someone will be you. How should you deal with this?”可知,此处 this 指代给予反馈。

2. D 提示:细节理解题。根据第二段中“First things first—if you notice a situation in which some feedback would be helpful, give it as soon as you can. If you wait until the matter disappears from the person’s mind, they might not understand what you’re trying to tell them.”可知,及时给予反馈很重要。因为如果你等得太久,对方可能会忘记发生了什么。

3. C 提示:推理判断题。根据第三段前两句可知,在给出反馈的时候需要平衡好的反馈和坏的反馈。

4. B 提示:主旨大意题。通读全文可知,本文在叙述如何正确地给予反馈。

六、【语篇导读】本文主要介绍了良好的人际关系在工作和生活中的作用。

1. a 2. of 3. successful 4. are  
5. easily 6. when/while 7. difficulties  
8. To create 9. daily 10. It

### Task & Self-assessment

- 一、1. speeches 2. monitor 3. absent  
4. position
- 二、1. to be 2. leader 3. speeches  
4. shapes 5. organized
- 三、1. I want to recommend her as our monitor.  
2. Can you tell me how long Sam has been absent from school?  
3. He is so confident that he is not afraid of making a speech in front of many people.  
4. I don't think he is suitable for this position.  
5. Neither his father nor his mother agrees with him.
- 四、1. B 2. D 3. A  
4. C 提示:generous 慷慨的;confident 自信的;hard-working 努力的;organized 有条理的。句意:有很多俗语要求我们努力工作,比如“早起的鸟儿有虫吃”和“熟能生巧”。  
5. B 提示:that's all right 没关系;I can't agree more 我完全同意;my pleasure 我的荣幸;all right 好吧。根据下文“It's our family treasure.”可知,此处表示赞同对方说的话。

五、【语篇导读】本文介绍了幸福的秘诀——帮助他人和帮助他人的具体方法。

1. D 2. B 3. F 4. C 5. A

六、【语篇导读】本文讲述了养成好习惯的重要性以及如何养成好习惯。

1. create 2. include 3. action  
4. habit 5. guard 6. reduces 7. so  
8. achieve 9. idea 10. progress

七、One possible version:

Dear Mr Wang,

I'm writing to recommend Sam as the most beautiful student. I think he has many strong qualities for the award.

Sam is very confident. He is not afraid of making a speech in front of many people. He is hard-working. He always works to high standards. Sam is also organized. He never forgets the things he needs to do. He is very helpful too. He helps us with our lessons if we are absent from school. He likes to help other students by using colours. For example, when people feel sad, he advises them to wear orange because the colour can cheer them up. Moreover, Sam is very modest. He never shows off.

I think Sam is the most suitable person to be the most beautiful student. I hope that you agree with me.

Yours sincerely,  
Tom

## Unit 2 Colours

### Comic strip & Welcome to the unit

- 一、1. indigo 2. rainbow 3. violet  
4. favourite
- 二、1. What about 2. in pairs  
3. nothing wrong with 4. just now  
5. looks better on
- 三、1. I like green best, because it's the colour of nature.  
2. There is something wrong with my computer.  
3. White looks good on Tom.  
4. I'm not sure if he will come this evening.  
5. What about practising swimming this summer vacation?