

Exercise 3

一、信息还原

Money may not buy happiness, but it helps. Many teenagers want to learn how to manage money before going out into the world. 1 This idea is raised by Dr Mara Harvey, a money expert. The following are some of her tips.

Learn to make money. Ask parents or neighbours if you can do chores to make pocket money. These could include washing a car or taking the dog for a walk. 2 In this way, you can also improve your communication skills, which will help when you have a grown-up job, too.



Help your money grow. Money can't grow if it's sitting inside a piggy bank. Put your money in the bank and you can get interest(利息). 3 One day you may feel surprised at how much money you have.

Make a plan. If you have a big event, such as a holiday coming up, it might mean you will need to spend more of your pocket money. Try making a plan for spending and saving. 4 Then it will help you take control of your money.

5 Figure out how much you can reasonably spend each month. Spend your money on what you truly need. Then try to cut down on spending. For example, rather than eating out, you can choose to cook at home.

- A. Spend your money wisely.

B. Be smart with your money.

C. Set a goal of saving money.

D. Save your money in the long run.

E. Agree on the value of different jobs before you start.

F. Write down how much money you have and what you are spending.

1. _____ 2. _____ 3. _____ 4. _____ 5. _____

二、词汇运用

As AI technology develops, portrait photographers(肖像摄影师) have become especially 1 (worry) about their future recently. That was mainly caused by the arrival of Magic Camera.

Magic Camera is a mini-programme. It allows users to create portraits in an easy way. In the 2 (begin), users upload(上传) 25 recent photos of 3 (they) to the programme and pay 8.8 *yuan* for the service. Then they just need to wait 4 (patient). The programme will produce a 5 (collect) of half-body portraits based on those photos. The portraits are of different styles. Some are dressed in historical costumes(古装). Others are made to look like film stars.

The programme 6 (become) popular in just one month after it was released. During peak hours(高峰时段), several 7 (thousand) users waited in line for their results. The 8 (wait) time could be up to ten hours.

Some users say it's worth the time. In their words, the programme could take the place of professional photo studios. Other people don't agree, however. "At 9 (one) sight, the pictures do look great," said a college student. "But if you take a 10 (close) look, you'll find that the photos aren't quite accurate. Eyes and hands can look a bit unreal."

- | | | | | |
|----------|----------|----------|----------|-----------|
| 1. _____ | 2. _____ | 3. _____ | 4. _____ | 5. _____ |
| 6. _____ | 7. _____ | 8. _____ | 9. _____ | 10. _____ |

Exercise 15

一、信息还原

Earthquakes are one of the most serious natural disasters. 1 It is a good way recommended by emergency management organizations(应急管理组织) in many countries. Remember these following tips, and you may protect yourself and your family.



Drop to your hands and knees under a table or desk.

In the first few seconds after the shaking starts, try to quickly move away from anything that may fall and hurt you. 2 If you're in a public place, such as a store, do not rush away hurriedly. Get away from glass and walls to find a safe place to take cover. 3 A table or a bed can offer cover from falling things. Get down on your knees and stay under the table until the shaking stops.

4

Heads and necks are the most important as well as the easiest part to get hurt. If you're in bed during an earthquake, stay there and protect your head and neck with something soft such as thick clothes or soft pillows(枕头). These things are soft enough to protect your head and neck. If there's nothing helpful, cover your face, head and neck with your hands and arms carefully.

Hold on and keep careful.

Stay until the shaking completely stops. Keep careful even when you get up as aftershocks(余震) can happen at any time after an earthquake. 5

Watch out for broken glass and falling walls. Wear a pair of trainers and put on a pair of long trousers and a shirt. Be careful not to hurt yourself.

- A. Cover your head and neck.

B. You should have a plan during an earthquake.

C. If you're at home, look for a hard piece of furniture.

D. If an aftershock happens, “drop, cover, and hold on” until it stops.

E. To live during an earthquake, remember “drop, cover, and hold on”.

F. Get low and walk away from any danger such as windows and shelves.

1. _____ 2. _____ 3. _____ 4. _____ 5. _____

二、词汇运用

Kate is an 1 (America) high school student. One day in September, her English teacher, Mr Smith, said to the students in his class, “I think you must have done a lot of interesting things during the summer holidays. You’d better 2 (write) about one of them in about 110 words and remember 3 (bring) it to me next week.”

Kate thought about the homework for a long time, but she couldn’t think of 4 (something) of interest. Then she called Mary and asked her about the homework. Mary 5 (write) about swimming at that time. She wanted to be a good 6 (swim).

Soon after that, Kate decided to write about 7 (birdwatch). During the summer, her father took her to the lake to watch birds in August. Kate wrote about it 8 (careful).

In English class, Mr Smith said that Kate’s story was the 9 (interesting) and told her to read it to everyone. Kate was proud of(为……感到自豪) 10 (she) very much.

1. _____
2. _____
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9. _____
10. _____

Exercise 16

一、信息还原

There are more and more entrepreneurs(企业家) around the world these days, and some of them even started at a very young age. Entrepreneurs work on solving real problems of real people and on improving the world. 1 They see possibilities while common people only see problems.

Importance of entrepreneurs

So the world needs entrepreneurs to solve its problems, but entrepreneurs are also important to the local society. Why? They create jobs: Without entrepreneurs, we wouldn't have any jobs. 2 They create change: Because of their great purposes, their ideas and work can often help to change the world. Therefore, we need people who take action, work towards a better future, and create chances for growth in order for our community to move forward.

Characteristics of entrepreneurs

Seen from a more personal level, what makes an entrepreneur? What qualities do they have?

• Willingness to take risks

Building your own company is risky. 3 When it comes to entrepreneurs, their hunger for challenges is stronger than their fear. They enjoy challenging their comfort zone(区).

• 4

The best ideas are the result of many brains coming together to solve a problem. For that reason, entrepreneurs gladly listen to the opinions of others and ask for advice in order to have the best chances of success.

• Looking for chances

The world is full of challenges and chances. Entrepreneurs have learned to look for chances and to use this to push forward. 5 Instead, they feel powerful to take action.


- A. Openness for receiving advice
- B. They won't let big challenges stress them out.
- C. Here are some ways to become young entrepreneurs.
- D. You are creating something from nothing, and unsure if you can succeed.
- E. They open up a great many work chances for others by starting businesses.
- F. Because of these purposes, many of the biggest change makers are entrepreneurs.

1. _____ 2. _____ 3. _____ 4. _____ 5. _____

二、词汇运用

Boys and girls, have you ever heard of the saying “If winter comes, can spring be far behind?”

Spring is a fine season. It lights up 1 (people) feelings and brings us hope. When you enjoy yourself in the warm spring wind, what comes into your mind? Let’s see what poets Meng Haoran and William Blake 2 (write) about spring long ago.

A Spring Morning	
(by Meng Haoran)	
	This spring morning in bed I'm lying,
	Not to awake till birds are crying.
After one night of wind and showers,	
How many are the fallen flowers!	
Spring	
(by William Blake, UK)	
Sound the flute, now it's mute.	Little boy, full of joy;
Bird's delight, day and night;	Little girl, sweet and small;
Nightingale, in the dale;	Cock does crow, so do you;
Lark in sky, merrily;	Merry voice, infant noise;
Merrily, merrily to welcome in the year.	Merrily, merrily to welcome in the year.

The first poem may be one of 3 (famous) poems about spring in China. It’s so simple that people can 4 (easy) remember it. The poet doesn’t say how much he loves spring. Instead, he writes that the birds are singing, the wind is blowing and the flowers 5 (fall) down. The way he talks about these things shows us the 6 (happy) during springtime. Instead of talking about the bright colours of flowers, Meng writes about the sounds of spring. He hears birds singing in the morning and remembers the sounds of the wind and rain at night. Writing about these sounds lets 7 (read) feel the beauty of spring.

William Blake’s poem celebrates the coming of spring as a way 8 (bring) us joy. As spring comes, nature jumps into a new life. This means the 9 (begin) of the new year. The birds in the poem are joyful day and night. It seems that the boys and girls speak of all the things so 10 (active). Through “merrily”, the poet shows how happy he and others are to welcome spring.

As you are reading this article, spring is on the way.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Exercise 28

一、信息还原

The “Great Green Wall of China” project(项目) is over forty years old in 2022. In this project, people plant trees in Northern China. Why are trees so important to us? Because it is healthy to live around trees. 1 So, we call them doctor trees.



Trees can clean the air. So for people in large cities with air pollution (空气污染), trees can be very important. 2 They are also planting trees along streets to help clean the air.

3 Trees are also good for our health. A study shows that people in hospitals do better when they can see trees from their rooms. And people with trees near their homes usually exercise more.

Scientists are also studying the healthy effects(作用) of trees on human minds(心智). 4 A study looked at city people in a place with few trees. After workers planted lots of trees there, people living there said the neighborhood was nice. 5 And they stayed on the street to talk more often with people who lived near them.

Of course, another good effect is that doctor trees work for free!

- A. We cannot live without trees.

B. They can keep us healthy, just like doctors.

C. Cities are planting trees not just in city parks.

D. They walked slower when going to work or going home.

E. Some scientists think that trees help more than just the air.

F. One effect of trees is that they make people feel happy and relaxed.

1. _____ 2. _____ 3. _____ 4. _____ 5. _____

二、词汇运用

My friend Jim likes watching birds in his free time. 1 (study) the life of birds, he usually goes birdwatching in the forest park at weekends. Last Sunday, he asked me if I'd like 2 (go) to the forest park with him together. I didn't have any classes that day, so I agreed.

The forest park is not very far from our neighbourhood, so Jim advised me 3 (ride) a bike there. We met at 7:30 a. m. at the school gate. Then it 4 (take) us around 30 minutes to get there. While we 5 (walk) in the park, we heard the birds singing in the trees. I couldn't stop 6 (scream) when I saw several beautiful birds. Jim told me 7 (not make) loud noise because it might make the birds afraid. Then I took some photos with my mobile phone so that I could show them to my family later. Jim knew the park 8 (well) than me, so he showed me around. We spent about two hours in the forest park and enjoyed 9 (we).

Through this trip, I learnt a lot about birds. It was 10 (real) a meaningful experience (经历) for me.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

时候,你会记得很清楚,也就是情绪会对记忆力有影响,选项 F“因为情绪会影响记忆。”符合语境。

4. A 提示:根据下文“It shows that the short but intense exercise made the brain produce...”可知,本段的建议与做运动有关,选项 A“做剧烈运动”符合语境。

5. D 提示:根据空格后“That’s the time when you need to sit down and start to remember things.”可知,此处提到了某个时间点,选项 D“它的数量在 6 分钟的剧烈运动后达到最高点”符合语境。

二、词汇运用

【文章大意】本文讲述了 22 名学生通过密切合作,用废弃物制作了一辆特别的黄色汽车,包括车身由旧电视和玩具制成,座椅部分由椰子壳制成,展示了废物再利用及其环保意义。

1. looks 2. will find 3. closely
4. models 5. its 6. months’ 7. made
8. is moving 9. excited 10. cleaner

Exercise 3

一、信息还原

【文章大意】本文主要介绍了由玛拉·哈佛博士提出的如何理财的一些建议。

1. B 提示:根据空格前“Many teenagers want to learn how to manage money before going out into the world.”及空格后“This idea is raised by Dr Mara Harvey, a money expert.”可知,本空提出了一个有关理财的理念,选项 B“精明地理财。”符合语境。
2. E 提示:根据空格后“In this way, you can also improve your communication skills, which will help when you have a grown-up job, too.”可知,本空提

出了一个可以帮助提高沟通技巧的方式,并且这种方式对以后的工作有帮助,选项 E“在你开始之前,认同不同工作的价值。”符合语境。

3. D 提示:根据空格前“Put your money in the bank and you can get interest.”可知,本空的建议与在银行存钱有关,选项 D“从长远来看,要存钱。”符合语境。

4. F 提示:根据空格前“Try making a plan for spending and saving.”可知,制定一个消费和储蓄的计划,选项 F“写下你有多少钱,你要花钱做什么。”符合语境。

5. A 提示:通读第五段可知,要理智地消费,选项 A“明智地花钱。”符合语境。

二、词汇运用

【文章大意】本文讲述了小程序神奇相机的问世受到大众欢迎的原因,同时它也引起了摄影师的担忧,也有人提出神奇相机照片失真这一不足。

1. worried 2. beginning 3. themselves
4. patiently 5. collection 6. became
7. thousand 8. waiting 9. first
10. closer

【重点解析】

1. 第 3 题句意:起初,用户只需付 8.8 元就可以在这个程序上上传 25 张最近的照片。“25 recent photos of...”表示“……最近的 25 张照片”,故 of 后面需要用反身代词。

Exercise 4

一、信息还原

【文章大意】文章介绍了可以使你变得更聪明、获得更多知识的五种方法。

1. C 提示:根据小标题“▲ Don’t Watch TV too

best, but sometimes crying brings you closer together.”可知,和朋友一起欢乐固然很好,但有时哭泣会让你们更亲近,选项 A“一起笑,一起哭。”符合语境。

3. D 提示:空格后“Making things by yourself shows your care, because you put time and ideas into your gifts.”意思是,自己制作的礼物最能表明你的用心,选项 D“但是你不必购买昂贵的礼物。”符合语境。

4. F 提示:根据小标题“Stand up for him or her.”和空格后“Do something about it!”可知,当涉及朋友利益时,你应该采取行动,选项 F“如果有人嘲笑你的朋友,不要只是默默地站在那里。”符合语境。

5. E 提示:根据空格前“Sometimes, it’s necessary for you to make him or her feel better.”可知,有时候,你有必要让他或她感觉好一点,选项 E“这也许并不容易,但这是一个好朋友应该做的。”与语境契合。

二、词汇运用

【文章大意】本文通过讲述女孩和鱼的故事,告诉我们真正的财富不是金钱或物质,而是互相帮助、关心和分享。

1. called
2. shiny
3. really
4. celebrated
5. second
6. to help
7. illness(es)
8. wishing
9. happily
10. children

Exercise 14

一、信息还原

【文章大意】本文主要介绍了大理的一些非物质文化遗产,包括剑川木雕、扎染和鲜花饼。

1. A 提示:根据空格前“The popular TV series

Meet Yourself show the beauty of some intangible cultural heritages in Dali, Yunnan Province.”及下文罗列的例子可知,此处应引出下文的非物质文化遗产,选项 A“让我们来看看其中一些。”符合语境。

2. E 提示:根据空格前“The carvings usually use patterns like flowers, plants and dragons.”可知,此处应和木雕有关,选项 E“这种类型的木雕在当地人的建筑中被广泛使用。”最符合语境。注意 B 选项“它早在唐朝就开始了。”对此题有一定干扰性,但不及 E 项贴切。

3. B 提示:根据空格前“Tie-dyeing is a traditional dyeing skill.”可知,此处应和扎染的历史有关,选项 B“它早在唐朝就开始了。”符合语境。

4. C 提示:根据小标题“Flower cake”可知,此处位于小段开头,应引出鲜花饼,选项 C 提及且介绍鲜花饼,符合语境。

5. F 提示:根据空格前“The most special part of the cake is the flower filling. Rose petals are added in the round cake with a golden surface.”可知,此处应和鲜花饼的独特香味和口感有关,选项 F“咬上一口后,玫瑰的香味四散,令人回味无穷。”符合语境。

二、词汇运用

【文章大意】本文介绍了房主在 DIY 自己的房子时常犯的三大错误。

1. doing
2. biggest
3. more expensive
4. to think
5. twice
6. safely
7. hurt
8. dangerous
9. safety
10. yourself/yourselves

Exercise 15

一、信息还原

【文章大意】本文主要讲述了在地震时如何

保护自己及家人的方法。

1. E 提示:根据空格前“Earthquakes are one of the most serious natural disasters.”和空格后“It is a good way recommended by emergency management organizations in many countries.”可知,此处是总体介绍在地震中生存的方法,选项 E“要在地震中求生,请记住‘蹲下、掩护、坚持’。”符合语境。
2. F 提示:根据“In the first few seconds after the shaking starts, try to quickly move away from anything that may fall and hurt you.”可知,此处是在介绍地震开始的前几秒,人们应当如何做,选项 F“蹲下,远离任何危险,如窗户和架子。”符合语境。
3. C 提示:根据“A table or a bed can offer cover from falling things.”可知,此处是在介绍家里能够提供掩护的东西,选项 C“如果你在家,找一件硬家具。”符合语境。
4. A 提示:根据“Heads and necks are the most important as well as the easiest part to get hurt.”可知,此处是在介绍要保护头和脖子,选项 A“护住你的头部和颈部。”符合语境。
5. D 提示:根据“Keep careful even when you get up as aftershocks can happen at any time after an earthquake.”可知,此处是介绍余震中应做的事情,选项 D“如果发生余震,‘蹲下、掩护、坚持’直到它停止。”符合语境。

二、词汇运用

【文章大意】凯特写了一篇有关观鸟的文章作为英语老师留的作业,在课堂上,老师说她写的故事是最有趣的,让她读给每个人听,她为自己感到骄傲。

1. American 2. write 3. to bring
4. anything 5. was writing 6. swimmer

7. birdwatching 8. carefully
9. most interesting 10. herself

Exercise 16

一、信息还原

【文章大意】本文是一篇议论文,主要介绍了什么是企业家,企业家的重要性以及企业家具备的特征。

1. F 提示:根据空格前“Entrepreneurs work on solving real problems of real people and on improving the world.”可知,本段主要向我们介绍了企业家致力于解决人们的实际问题,改善世界,选项 F“出于这些目的,许多最大的变革者都是企业家。”符合语境。
2. E 提示:根据空格前“They create jobs: Without entrepreneurs, we wouldn't have any jobs.”可知,企业家为人们提供很多工作机会,选项 E“他们通过创业为其他人提供了很多工作机会。”符合语境。
3. D 提示:根据小标题“Willingness to take risks”以及本段内容可知,这里说的是企业家愿意冒险,选项 D“你正在从无到有地创造一些东西,却不确定自己能否成功。”符合语境。
4. A 提示:根据空格后“For that reason, entrepreneurs gladly listen to the opinions of others and ask for advice...”可知,此处介绍企业家善于倾听他人的意见,故选项 A“坦诚接受建议”符合语境。
5. B 提示:根据空格前后文可知,企业家寻找机会,将其推进实施。他们行动时感觉充满力量。选项 B“他们不会让巨大的挑战把他们压垮。”符合语境。

二、词汇运用

【文章大意】本文介绍了春天的美好,通过

引用谚语“冬天来了,春天还会远吗?”引出话题,并介绍了两位诗人孟浩然和威廉·布莱克关于春天的诗作,展现了春天的希望、生机与美丽。

1. people's 2. wrote 3. the most famous
4. easily 5. are falling 6. happiness
7. readers 8. to bring 9. beginning
10. actively

Exercise 17

一、信息还原

【文章大意】本文主要介绍了世界上有些国家只有两个季节:旱季和雨季,以及这两个季节的自然条件。本文还介绍了没有季节的南极的自然条件。

1. C 提示:根据“*There are only two seasons in some countries—the dry season and the rainy season.*”可知,此处应介绍只有旱季和雨季的国家有哪些,选项 C“它们是印度、越南和非洲的一些国家。”符合语境。
2. E 提示:根据“*When it is the dry season, it doesn't rain at all.*”可知,此处应该介绍旱季的特点,选项 E“非常非常热。”符合语境。
3. A 提示:根据“*Animals and people are very thirsty.*”可知,此处描述旱季对人和动物的影响,选项 A“这对他们来说是一段非常艰难的时期!”符合语境。
4. F 提示:根据“*It is the Antarctic.*”可知,此处应介绍另外一种地方,选项 F“有一个地方根本没有季节。”符合语境。
5. D 提示:根据“*There are some villages in the Antarctic.*”以及“*Some scientists from some countries go there...*”可知,此处说的是村子里有哪些人,

选项 D“谁住在那里?”符合语境。

二、词汇运用

【语篇导读】本文讲述了作者所在的班级就 是否应该帮助陌生人展开了讨论,介绍了不 同学生的观点,以及作者自己对此事的 看法。

1. discussion 2. ourselves 3. trouble
4. others' 5. kindness 6. was walking
7. to help 8. getting 9. will be
10. better

Exercise 18

一、信息还原

【文章大意】本文主要介绍了菊花在中国的 受欢迎程度及其文化意义。

1. D 提示:根据“*The chrysanthemum is known as one of the 'Four Gentlemen in Plants'. The other three are the plum blossom, the orchid, and bamboo.*”可知,前文提到菊花与梅花、兰花、竹子并称“花中四君子”,此处应是对“四君子”的 象征意义进一步说明,选项 D“在过去,它们都代 表着高尚的品质。”符合语境。
2. C 提示:根据“*They are beautiful, strong and tough. So the flower greatly inspired ancient Chinese poets.*”可知,菊花美丽、坚强,在寒冷秋日盛开,极 大地激励了古代中国诗人,所以此处应与诗人受 菊花激励后在作品中的表现有关,选项 C“他们在 作品中用它来代表自己。”符合语境。
3. E 提示:根据第三、四段可知,下文介绍了陶渊 明及他写的菊花诗,所以此处应是开始介绍陶渊 明,选项 E“陶渊明是一位著名的诗人。”符合 语境。
4. B 提示:根据“*But chrysanthemums are not only*

是一件好事。”符合语境。

2. A 提示:根据空格前“Clearing out unnecessary information can help our brains work better.”可知,此处讲的是清除不必要的信息可以帮助我们的大脑更好地工作,选项 A“哪些信息是不必要的?”符合语境。
3. F 提示:根据空格前“Scientists say that this may have something to do with the environment we live in.”可知,此处讲述的是环境的影响,选项 F“在一个不断变化的环境中,我们的大脑可能会要求我们记得更少。”符合语境。
4. B 提示:根据空格前“There is a special area in our brains called the hippocampus.”可知,此处说的是我们大脑里的海马体,选项 B“当我们学习和记忆事物时,它对我们很重要。”符合语境。
5. E 提示:根据空格前“However, sleep has a great influence on our memories.”可知,睡眠对记忆力有很大的影响,选项 E“当我们没有足够的睡眠时,我们可能很难记住新的信息。”符合语境。

二、词汇运用

【语篇导读】詹姆斯向老人请教如何消除生活中的烦恼,老人以骆驼为喻,让他领悟到问题的多样性及应对方式。

1. endless 2. worries 3. smiled
4. to take 5. sadly 6. harder 7. others
8. first 9. themselves 10. understanding

Exercise 28

一、信息还原

【文章大意】本文主要介绍了树木的重要性和作用。

1. B 提示:根据“So, we call them doctor trees.”可知,我们称呼它们为树医生,选项 B“它们可以让我们保持健康,就像医生一样。”符合语境。
2. C 提示:根据“They are also planting trees...”可知,此处提到了种树,选项 C“城市不仅在城市公园里植树。”符合语境。
3. E 提示:根据“Trees are also good for our health.”可知,此处提到了树木的作用,选项 E“一些科学家认为树木不仅仅有助于净化空气。”符合语境。
4. F 提示:根据“Scientists are also studying the healthy effects of trees on human minds.”可知,此处应提到树木对人的心智的影响,选项 F“树的一个作用是,它们使人们感到快乐和放松。”符合语境。
5. D 提示:根据“After workers planted lots of trees there, people living there said the neighborhood was nice.”以及“And they stayed on the street to talk more often with people who lived near them.”可知,看到社区里面种植了更多的树木,人们说邻里关系很好,人们在街上跟邻居聊天更多了,选项 D“他们在上班路上或回家时走得更慢。”符合语境。

二、词汇运用

【文章大意】本文主要介绍了作者和朋友去公园观鸟的一次经历。

1. To study 2. to go 3. to ride 4. took
5. were walking 6. screaming
7. not to make 8. better 9. ourselves
10. really