

Unit 1 & Unit 2 阶段测评卷

第二部分 阅读(共两节,满分 50 分)

第一节(共 15 小题;每小题 2.5 分,满分 37.5 分)

阅读下列短文,从每题所给的 A、B、C、D 四个选项中选出最佳选项。

A

Safety is the usual choice for global travellers when faced with a menu of unknown dishes. But a great meal crosses all cultural boundaries, and sharing the food of your host country is the best way to connect with its people and culture.

Italy

Pizza is not a new thing for you. But locals say there's something in the water in Naples that ensures you will never have a pizza like it anywhere else in the world. If you're lucky enough to be around during the autumn truffle(松露) season, try *uova con tartufi*—fried eggs with truffle oil. It can't be found on restaurant menus, but chefs from Tuscany and Umbria will know what you mean if you ask for it.

Spain

If you're anywhere in Spain, you must try Manchego. It has a strong flavour, and enjoying it along with bread, served with olives and meat or accompanied by red wine, makes a perfect choice. Barcelona is part of Catalunya, a region in Spain that has a very special food culture. Must-haves include *patatas bravas*, crisp(脆的) fried potatoes with a secret sauce, and *mel i mato*, a curd cheese and honey dessert cooked in a pot. Even if you're rushing on an overnight trip through Barcelona, don't leave without trying them!

Russia

The best meals are worth the money in Russia. If you see *sol'yanka* on the menu, don't hesitate to order. This salty, sour and often spicy soup, combined with meat or fish and topped with a Russian sour cream, is delicious. *Borscht* and *pelmeni* are common in Russia, but experiment with different varieties.

If you find the time, a culinary(美食的) side trip in search of *Azerbaijani plov*, a spiced rice dish cooked with meat and dried fruit, is worth the journey.

(山东省淄博实验中学高一期末)

21. If you are a cheese lover, you can choose _____.

A. *pelmeni*

B. *uova con tartufi*

C. *solyanka*

D. *mel i mato*

22. What can we learn from the passage?

A. You must eat Manchego with red wine.

B. The sweetness of water gives Naples' pizza a special flavour.

C. You may spend quite some money trying best food in Russia.

D. *Uova con tartufi* is not allowed to be put on Italian restaurant menus.

23. In which part of a magazine will you most likely read this passage?

A. Global Economy.

B. Life on the Go.

C. Entertainment.

D. A Bite of Europe.

B

Sasha Masakowski remembers being six years old, seated at the piano next to her father—the well-known jazz guitarist, Steve Masakowski.

“He'd play harmonies in the background on the guitar, and he'd encourage me to improvise(即兴演奏),” Sasha recalls. “He'd tell me to play something using just the white keys or just the black keys, and I'd make up music.” She says she was a little composer playing along with her dad in their New Orleans home. “I love those memories,” she adds.

As Sasha got older, though, her interest in jazz began to flag. Sasha went to a local arts high school and focused on musical theatre. Steve admits to hoping his daughter would develop a love for jazz.

The father's expectation was eventually met when the daughter rediscovered jazz music. Sasha says she admired a guy in the jazz department until the day they met. The first thing he said was, “I'm such a big fan of your dad's!” She says the

experience helped her realize that her father and his music were, in fact, cool. Finally, Sasha decided to study jazz instead of musical theatre at the University of New Orleans, where her father headed the Jazz Studies Programme.

Now, Sasha and Steve love playing together and they treasure the common language jazz gives them. Both compose music, but while her father is more focused on traditional jazz and teaching, Sasha likes to produce music with more electronic trends than Steve's. Despite different interests, Steve's pride in his daughter is clear. Today, Sasha is known for her musicality and her ability to improvise. "Improvising scares a lot of singers, but for me I feel like a little composer again at the piano next to my dad. I love it in large part because of him," Sasha says.

(2024 广东省王燕中学高一月考)

24. What do we know about young Sasha?
- A. She was well-known as a jazz guitarist.
 - B. She learned to compose with her father's encouragement.
 - C. She was good at improvising on a piano.
 - D. She performed with her father worldwide.
25. What does paragraph 4 stress about Sasha?
- A. Her preparation for a university.
 - B. Her admiration for a jazz student.
 - C. Her going back to jazz and her father.
 - D. Her studying at a local arts high school.
26. What makes Sasha different from her father?
- A. The style of her music.
 - B. Her preference for the piano.
 - C. Her opinion about improvising.
 - D. The teaching method she sticks to.
27. What can be a suitable title for the text?
- A. Love of Music Leads to a Career of Uncertainty
 - B. Jazz Deepens the Bond Between Father and Daughter
 - C. A Daughter Follows in Her Father's Footsteps Faithfully
 - D. A Large Musical Household Brings Joy to Millions of People

C

A decade ago, I attended a banquet in Guangzhou where the food was exceptional. The bird's nest soup, made from

chicken and possibly ham with dried scallops (干贝), was gentle and slippery. The sea cucumber was rich and sticky, and the fish was sparkingly fresh and steamed to perfection. However, what stood out was the plain white soup of broth (肉汁), served in the end. It was simple, plain, and perfect.

Ending a banquet with soup may seem odd to Westerners, who are used to sweets at the end of meals. But as an English food writer named Fuchsia Dunlop explains in her book *Invitation to a Banquet*, soup is a unique expression of a chef's art, much like a singer's voice. The transparent, almost invisible soup is an ideal conclusion to a banquet, with its luxury and strong flavours.

Invitation to a Banquet is Dunlop's seventh book. Unlike her other books on Chinese cuisine such as *The Food of Sichuan* and *Revolutionary Kitchen*, this one is not a cookbook. Instead, she has chosen 30 dishes from different regions of China to illustrate different aspects of Chinese cuisine and history.

What makes Dunlop's writing unique is her perspective. She argues that Chinese cuisine is superior (更胜一筹的) not only in taste but also in its ability to incorporate foreign influences while still maintaining its own identity. Furthermore, Dunlop makes an equally compelling case that what Westerners think of as "Chinese food" is neither false nor wrong. It is merely a diasporic (离散的) branch that reflects local tastes and is representative of the cuisine's diversity. Immigration and adventurousness have made authentic Chinese food more accessible outside China than ever before.

In conclusion, *Invitation to a Banquet* by Fuchsia Dunlop provides a fascinating glimpse into the world of Chinese cuisine. Through her well-researched book and insightful discussions, she encourages readers to appreciate the complexity and richness of Chinese food.

(2024 浙江省杭州市四校联考)

28. To the author, what is the most memorable dish about the banquet in Guangzhou?

A. A sweet dessert.

- B. A bowl of plain white soup.
C. A dish made from expensive ingredients.
D. A fish that was rich and strong-flavoured.
29. What does the underlined word “incorporate” mean in paragraph 4?
A. Include. B. Reject.
C. Strengthen. D. Reduce.
30. What is the unique perspective of Chinese cuisine in Dunlop’s book *Invitation to a Banquet*?
A. Chinese desserts are the highlight of Chinese cuisine.
B. Immigration makes little difference to Chinese dishes.
C. Chinese food is limited to traditional ingredients and flavours.
D. Chinese food is influenced by foreign elements while preserving its own identity.
31. What’s the writer’s purpose of writing the passage?
A. To introduce a dish.
B. To recommend a book.
C. To share an experience.
D. To compare different cultures.

D

A broken heart. A sad ending to a love affair. That’s something most of us have experienced, or probably will. After all, it’s part of human life; needed, at least one time, to become more fully adult. But no question, the experience can be painful, even destructive.

But research shows there are pathways through the heartache. Listening to sad music is a major one. It can help you begin to feel joy and hopefulness about your life again. It can activate empathy(同理心) and the desire to connect with others—both roads through the prison of heartache and despair.

Sad music can help heal and uplift you from your broken heart.

A recent study from Germany found the emotional impact of listening to sad music is an arousal of feelings of empathy, compassion(同情), and a desire for positive connection with

others. That, itself, is psychologically healing. It draws you away from preoccupation (全神贯注) with yourself, and possibly towards helping others in need of comfort.

Another experiment, from the University of Kent, found that when people were experiencing sadness, listening to music that was “beautiful but sad” enhanced their mood. In fact, it did so when people first consciously embraced their awareness of the situation causing their sadness, and then began listening to the sad music. That is, when they intended that the sad music might help, they found that it did.

These findings link with other studies that show embracing your sad situation emotionally—accepting reality as it is—activates healing and growth beyond it. In short, acknowledging your full experience arouses hope—another seeming paradox. For example, research from Cornell University, described here and published in *Psychological Science*, found that embracing discomfort about a life experience or new situation, and viewing it as a step towards growth and change, creates motivation to find a pathway through it, beyond it. As Churchill famously said, “If you’re going through hell, keep going.” That discomfort points you towards creating a plan, a new action. It fuels hope.

(2024 湖南省郴州市期末)

- 32.** Which is NOT the benefit of listening to sad music?
- A. Making you full of sadness.
 - B. Activating your feelings of empathy.
 - C. Healing your broken heart.
 - D. Giving you a desire to connect with others.
- 33.** How does the author mainly develop this passage?
- A. By giving examples.
 - B. By telling experiences.
 - C. By presenting research findings.
 - D. By quoting a famous saying.
- 34.** Who are most likely to be helped by the “beautiful but sad” music?
- A. People who have a broken heart.
 - B. People who are suffering great pain.

C. People who accept their sadness.

D. People who like beautiful music.

35. What could be the best title for the passage?

A. Listening to Music Brightens Your Life

B. Listening to Sad Music Heals Your Broken Heart

C. The Power and Beauty of Sad Music

D. A Study on Listening to Sad Music

第二节(共 5 小题;每小题 2.5 分,满分 12.5 分)

阅读下面短文,从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

Food plays an important role in our lives. We can learn a lot about a particular culture by exploring its food. In fact, it may be difficult to fully define a culture without a nod to its cuisine. Here's why food is the best way to understand a culture.

36 It doesn't matter where you're from—you have to eat. And your societal culture most likely evolves from the universal need to eat. Food preservation(保存) techniques are unique to climates and lifestyles. Ever wonder why the process to preserve meat is so different around the world? 37 In Morocco, Khlea is a dish composed of dried beef and then packed in animal fat. When preserved correctly, it's still good for two years when stored at room temperature. That makes a lot of sense in Morocco, where the country historically has desert landscape, and extremely high, dry temperatures.

38 Some people have cuisines that are entirely based on meat, and others are almost entirely plant-based. These cuisines took shape in the long course of history. For example, India's cuisine is extremely varied from region to region, with meat and wheat dishes in the north, vegetarian diets in the south.

Sometimes, a certain ingredient of one dish can reveal cultural secrets. 39 And perhaps one of the most interesting results from the mix of two cuisines is Chicken Tikka Masala. It seems to be an Indian Mughal dish, but was actually invented by the British!

Food tourism—it's a whole new way to travel. Food

tourists won't just focus on having a glass of beer at Oktoberfest(德国十月啤酒节). 40 They may even learn how to make their own fresh beer. And they have the chance to learn local skills that can send insight(洞悉) into a whole other aspect of a particular region's culture.

(2024 江苏省扬州市邗江中学月考)

- A. Meat is more difficult to preserve than plants.
- B. Local cuisines show historical eating patterns.
- C. It has something to do with local resources, needs and climates.
- D. Food is the most important necessity of the people.
- E. Some cuisines change accordingly during different times of the year.
- F. Black pepper originates in Asia but becomes a key part of European cuisine.
- G. Moreover, they will be interested in learning the German beer making process.

第三部分 语言运用(共两节, 满分 30 分)

第一节(共 15 小题; 每小题 1 分, 满分 15 分)

阅读下面短文, 从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

My husband Sajjan is an Indian with a vegetarian heritage. Since I met him, I've been a vegetarian, too. Getting older, I wonder if I ignored my parents' 41. After all, they are more 42 with meals where meat is the centrepiece.

Whenever Sajjan and I come home, my mum starts 43 our meals weeks before we arrive. She researches new 44 dishes and stocks up on beans and yogurt though she 45 both. So often, even though we're all 46 at the table together, we're eating 47 meals. I've never really 48 with my mum about the food tension in our relationship. But earlier this summer, I 49 asked her about it.

"It is sometimes a(n) 50 to cook your food," she admitted. "But it is important for us to 51 your and Sajjan's Indian vegetarian diet."

She also had her question, "You don't miss the 52 you

grew up with?”

I do. And I don't.

My mum still makes my favourite cookies. But because I've been away from home for so long, I've 53 lots of new foods, and Indian food has become my food. I always assumed she felt hurt by that, but talking to her, I 54 I was wrong.

Love can be shown through food in different ways. Just make a little room for what our loved ones choose to 55.

(2025 广东省潮阳实验学校月考)

- | | |
|--------------------|--------------------|
| 41. A. talents | B. commands |
| C. traditions | D. efforts |
| 42. A. concerned | B. comfortable |
| C. patient | D. strict |
| 43. A. planning | B. cooking |
| C. serving | D. lasting |
| 44. A. side | B. meat |
| C. local | D. vegetarian |
| 45. A. dislikes | B. recommends |
| C. desires | D. loses |
| 46. A. standing | B. sitting |
| C. lying | D. kneeling |
| 47. A. healthy | B. delicious |
| C. different | D. heavy |
| 48. A. talked | B. agreed |
| C. met | D. quarrelled |
| 49. A. quickly | B. gradually |
| C. regularly | D. finally |
| 50. A. challenge | B. adventure |
| C. pleasure | D. blessing |
| 51. A. change | B. honour |
| C. balance | D. follow |
| 52. A. trouble | B. stories |
| C. family | D. flavours |
| 53. A. given away | B. left behind |
| C. got attached to | D. fallen short of |
| 54. A. forgot | B. hoped |
| C. realized | D. denied |

55. A. sell

B. say

C. read

D. eat

第二节(共 10 小题;每小题 1.5 分,满分 15 分)

阅读下面短文,在空白处填入 1 个适当的单词或括号内单词的正确形式。

A group of young Chinese are trying to breathe new life into ancient texts about traditional music by creating 56 (origin) music and stylish music videos 57 (feature) traditional instruments. Zi De Guqin Studio has recently become famous for stylish music videos 58 all the songs are played using traditional instruments.

Guqin, a plucked seven-string instrument(弹拨的七弦乐器), is one of the most 59 (frequent) appearing instruments in these videos. This instrument 60 (record) in a wealth of books and materials over the centuries, with more than 3,000 guqin songs 61 (keep) in ancient texts.

The studio's adaptations of ancient songs have grown popular among young people in China. According to the studio's members, their success is owing 62 two main factors: the recent rise in the 63 (popular) of traditional Chinese culture and their own innovation. Traditional culture has been making an obvious revival(复兴) as more young people have 64 stronger sense of national identity.

“When making videos, we absorb some fun and interesting elements and attempt 65 (give) these works a great aesthetic(审美的) appeal in terms of visual effects,” a member of the studio said.

(2024 江苏省苏州市月考)

第四部分 写作(共两节,满分 40 分)

第一节(满分 15 分)

近期,我校校报英文版开展征文活动,请以“My Favourite Food”为主题,向该栏目投稿,介绍你最喜爱的食物。内容包括:
1. 品尝的经历;2. 食物的特点。

注意:写作词数应为 80 左右。

(湖南省永州市第一中学开学考试)

My Favourite Food

第二节(满分 25 分)

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

As a single mother, I've never doubted my daughter Jane's dream to be a singer on the stage. At an early age, she was crazy about singing. Whenever she had a chance, she would sing to her heart's content. Her sweet and charming voice tended to get people around attracted to her songs.

Living in a small city, I took several odd jobs, determined to do everything in my power to support her. Soon after Jane attended school, her music teacher Mary noticed her talent by chance and volunteered to give her some guidance on how to sing. Jane practised so hard that before long she made great progress in singing.

Unfortunately, one noon a year later, Jane was crossing the street when a careless driver knocked her down. She was rushed to hospital. When I hurried there, the doctor told me that my daughter would probably not stand on her own feet. I froze with shock, feeling as if I had been thrown into a dark world. Weak and dizzy, I was about to fall to the ground when someone took hold of me.

It was Mary, who got the news and raced here. She comforted me, saying firmly, "Grace, Jane needs you. You must stay calm and strong." I nodded. Having calmed down, I entered the ward with Mary.

That night, Jane recovered her consciousness (知觉) and opened her eyes. Holding her hand, I said, "My dear,

everything would be fine.” Mary comforted her gently, “I know you are a strong girl, Jane. Don’t worry. We’ll be standing by you.” I was heartbroken to see tears streaming down Jane’s cheeks.

After two months, we returned home from hospital. Her teachers and friends frequently visited her. Jane eventually accepted the fact that she would have to get around in a wheelchair. Never did she refer to the subject of singing again. I knew she was a nice and understanding girl, who was afraid that talking about her original dream would upset the two of us.

(江苏省南京市江宁高级中学高一期末)

(江苏省南京市江宁高级中学高一期末)

注意:续写词数应为 150 左右。

One day, however, Mary came with good news.

When the host announced it was Jane's turn, she was wheeled onto the stage.

Unit 1 & Unit 2 阶段测评卷解析

第二部分 阅读

第一节

A

【语篇导读】本文是一篇说明文。文章介绍了在欧洲的意大利、西班牙和俄罗斯旅行时值得尝试的美食,指出美食能跨越所有文化界限,分享你所在的东道国的美食是你与当地人和文化建立联系的最佳方式。

21. D 细节理解题

【关键句】Must-haves include *patatas bravas*, crisp fried potatoes with a secret sauce, and *mel i mato*, a curd cheese and honey dessert cooked in a pot.

释义:必吃的菜品包括 *patatas bravas*——配有秘制酱料的酥脆炸土豆,和 *mel i mato*——一种在陶锅中用凝乳奶酪和蜂蜜制成的甜点。

【解析】根据关键句可知,*mel i mato* 是用凝乳奶酪和蜂蜜制成的。由此可知,如果你喜欢吃奶酪,你可以选择 *mel i mato*。故选 D 项。

22. C 细节理解题

【关键句】The best meals are worth the money in Russia.

释义:在俄罗斯,最好的饭菜是物有所值的。

【解析】根据关键句可知,俄罗斯最好的食物都值得花钱。由此可知,俄罗斯最好的食物价格不菲,品尝俄罗斯最好的食物可能会让你花费不少钱。故选 C 项。

23. D 推理判断题

【关键句】But a great meal crosses all cultural boundaries, and sharing the food of your host country is the best way to connect with its people and culture.

释义:但一顿美食能跨越所有文化界限,分享你所在的东道国的美食是与当地的人和文化建立联系的最佳方式。

【解析】通读全文,结合关键句的内容可知,文章介绍了意大利、西班牙和俄罗斯的美食,并指出分享当地的美食有助于旅行者与当地的人和文化建立联系。结合常识可知,这三个国家都属于欧洲。由此推知,读者最有可能在某份杂志的 A Bite of Europe 栏目上读到这篇文章。故选 D 项。

B

【语篇导读】本文是一篇记叙文。文章讲述了女儿 Sasha 在父亲 Steve 的鼓励下学习爵士乐的故事,爵士乐成了父女俩的共同语言,加深了父女俩之间的关系。

24. B 推理判断题

【关键句 1】“He'd play harmonies in the background on the guitar, and he'd encourage me to improvise,” Sasha recalls.

释义:Sasha 回忆说:“他会用吉他在背景中演奏和声,并鼓励我即兴创作。”

【关键句 2】She says she was a little composer playing along with her dad in their New Orleans home.

释义:她说她是一个小作曲家,和父亲一起在新奥尔良的家中演奏。

【解析】根据关键句 1 和关键句 2 不难推知,Sasha 小时候在父亲的鼓励下学习作曲。故选 B 项。

25. C 段落大意题

【关键句 1】The father's expectation was eventually met when the daughter rediscovered jazz music.

释义:当女儿重拾对爵士乐的热爱时,这位父亲的期望最终得以满足。

【关键句 2】Finally, Sasha decided to study jazz instead of musical theatre at the University of New Orleans, where her father headed the Jazz Studies Programme.

释义:最终,Sasha 决定在新奥尔良大学——她父亲负责爵士乐研究项目的大學——学习爵士乐,而不是学习音乐剧。

【解析】根据第四段的这两个关键句可知,第四段讲述了 Sasha 重新回归爵士乐的学习,回到父亲身边。故选 C 项。

26. A 细节理解题

【关键句】 Both compose music, but while her father is more focused on traditional jazz and teaching, Sasha likes to produce music with more electronic trends than Steve's.

释义:两人都作曲,但 Sasha 的父亲更加专注于传统爵士乐和教学,Sasha 则喜欢制作比父亲 Steve 的音乐更能体现电子潮流趋势的音乐。

【解析】根据关键句可知,Sasha 和父亲的作曲风格不同。故选 A 项。

27. B 标题概括题

【关键句】 Now, Sasha and Steve love playing together and they treasure the common language jazz gives them.

释义:现在,Sasha 和 Steve 喜欢一起演奏,他们很珍惜爵士乐带给他们的共同语言。

【解析】通读全文可知,文章讲述了女儿 Sasha 在父亲 Steve 的鼓励下学习爵士乐的故事。文中描绘了女儿在父亲的陪伴下学习作曲的场面,结合关键句中提到的爵士乐成为父女俩的共同语言可知,文章以“爵士乐加深了父女之间的关系”作为标题最合适。故选 B 项。

C

【语篇导读】本文是一篇说明文。文章介绍了英国美食作家 Fuchsia Dunlop 的书《宴会邀请函》,提及该书的主要内容、特点,以及该书所呈现的她对中国菜的独特见解。

28. B 细节理解题

【关键句】 However, what stood out was the plain white soup of broth, served in the end. It was simple, plain, and perfect.

释义:然而,最出色的是最后呈上桌的那道纯白的肉汤。它简单、清淡、完美。

【解析】根据关键句可知,在广州宴会上最让作者难忘的一道菜是最后呈上桌的那道纯白的肉汤。故选 B 项。

29. A 词义猜测题

【关键句】 ... incorporate foreign influences while still maintaining its own identity.

释义:……在融合外来饮食的同时仍能保持自己的特色。

【解析】关键句中的 while 一词提示前后内容形成对比,与“保持自己的特色”相对应的是融合、吸收外来饮食。由此不难推知,画线词 incorporate 意为“吸收,包含”,与 include 意思最相近。故选 A 项。

30. D 细节理解题

【关键句】 What makes Dunlop's writing unique is her perspective. She argues that Chinese cuisine is superior not only in taste but also in its ability to incorporate foreign influences while still maintaining its own identity.

释义:Dunlop 的作品的独特之处在于她的见解。她认为,中国菜不仅在口味上更胜一筹,而且在融合外来饮食的同时仍能保持自己的特色。

【解析】根据关键句可知,Dunlop 在《宴会邀请函》一书中呈现了她对中国菜的独特见解,她认为中国菜在融合外来饮食的同时仍能保持自己的特色。故选 D 项。

31. B 写作目的题

【解析】通读全文可知,作者从自己参加广州宴会的一次经历谈起,随后引入了英国美食作家 Dunlop 的书《宴会邀请函》,介绍了该书的主要内容、特点,并提到作者在该书中所呈现的对中国菜的独特见解。由此不难推知,文章的写作目的在于推荐《宴会邀请函》这本书。故选 B 项。

D

【语篇导读】本文是一篇说明文。文章结合多项研究发现指出,悲伤的音乐可以帮助你重新开始感受生活的喜悦和希望,可以激活同理心和与他人建立联系的欲望,从而可以治愈受伤的心灵。

32. A 细节理解题

【关键句 1】 It can help you begin to feel joy and hopefulness about your life again. It can activate empathy and the desire to connect with others—both roads through the prison of heartache and despair.

释义:它可以帮助你重新开始感受生活的喜悦和希望。它可以激活同理心和与他

人建立联系的欲望——这是人们走出心碎和绝望的牢笼的两条路径。

【关键句 2】 Sad music can help heal and uplift you from your broken heart.

释义:悲伤的音乐可以帮助你治愈受伤的心灵,让你打起精神。

【解析】根据关键句 1 可知,悲伤的音乐可以激活你的同理心,故排除 B 项;悲伤的音乐给予你与他人建立联系的欲望,故排除 D 项;根据关键句 2 可知,悲伤的音乐能治愈你受伤的心灵,故排除 C 项。故选 A 项。

33. C 推理判断题

【关键句 1】 A recent study from Germany found...

释义:德国最近的一项研究发现……

【关键句 2】 Another experiment, from the University of Kent, found that...

释义:肯特大学的另一项实验发现……

【关键句 3】 For example, research from Cornell University, described here and published in *Psychological Science*, found that...

释义:例如,这里描述的来自康奈尔大学的一项发表在《心理科学》上的研究发现……

【解析】根据三个关键句不难推知,文章主要是通用引用多项研究成果来展开全文的。故选 C 项。

34. C 细节理解题

【关键句 1】 In fact, it did so when people first consciously embraced their awareness of the situation causing their sadness, and then began listening to the sad music. That is, when they intended that the sad music might help, they found that it did.

释义:事实上,当人们第一次有意识地接受导致他们悲伤的处境,然后开始听悲伤的音乐时,就会这样。也就是说,当他们希望悲伤的音乐能有所帮助时,他们发现它确实有帮助。

【关键句 2】 ...embracing your sad situation emotionally—accepting reality as it is...

释义:……从情感上接纳你的悲伤处境——接受现实……

【解析】根据关键句 1 和关键句 2 可知,当人们有意识地接纳自己的悲伤处境,接受现实时,听“美丽但悲伤”的音乐会有所帮助。由此可见,接受自己的悲伤处境的人最有可能从“美丽但悲伤”的音乐中得到帮助。故选 C 项。

35. B 标题概括题

【关键句】 Sad music can help heal and uplift you from your broken heart.

释义:悲伤的音乐可以帮助你治愈受伤的心灵,让你打起精神。

【解析】通读全文,抓住关键句的内容可知,文章结合相关研究结果指出悲伤的音乐能够治愈受伤的心灵。由此可见,文章以“听悲伤的音乐治愈你受伤的心”作为标题最合适。故选 B 项。

第二节

【语篇导读】本文是一篇说明文。文章结合食物在日常生活中的重要性,说明了为什么食物是了解文化的最佳途径。

36. D 此空后一句指出不管来自哪里的人都必须吃东西,说明了食物是必需品。D 项意为“食物是人们最重要的必需品”,与后一句衔接连贯,适合置于此处。故选 D 项。

37. C 此空前两句提到食物保存技术因气候和生活方式而异,并提出问题“有没有想过为什么世界各地保存肉类的方法如此不同?”显然空处应填入与回答该问题有关的内容。C 项意为“这与当地的资源、需求和气候有关”,与前一句衔接连贯,适合置于此处。故选 C 项。

38. B 该空位于段首,应填入段落的主题句。下文提到不同地方的人们有着不同的饮食习惯,这些菜系是在漫长的历史过程中形成的,并列举实例进行了说明。结合下文中多次出现的关键信息词 cuisines 可迅速定位到 B 项。B 项意为“当地菜系呈现了历史饮食模式”,能概括本段下文的内容,适合置于此处。故选 B 项。

39. F 本段首句指出有时一道菜中的某个食材可以揭示文化的奥秘,由此可见该段围绕烹饪食材所揭示的文化奥秘展开。此空后一句所举的例子 Chicken Tikka Masala 是一道融合了来自两种不同菜系的食材的菜肴,由此可知此空所填句应提及烹饪食材的传播和融合。F 项意为“黑胡椒起源于亚洲,却成了欧洲菜肴的重