

# 初中英语

# 小题才王做<sup>®</sup>

恩波教育研究中心 编

## 提 优 版

七年级上册  
· 译林版 ·

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### 编者寄语

本书是与教材同步的提优练习。书中每课时练习中的“考点练”和“题型练”通过省时高效的限时训练和适度的课外延伸，遵循从基础到提升的学习规律，帮助学生实现提优的学习目标。每单元的“周周练”通过阶段性的综合检测，帮助学生查漏补缺，及时巩固课本所学。

### 课时同步练

#### 考点练 巩固基础，突破考点

将教材中各部分涉及的单词、句型和语法知识与考试中的考点相结合，通过各种形式的练习要求学生以主动输出的形式进行呈现，帮助学生巩固课内所学，夯实基础。

#### 题型练 熟悉考情，小试牛刀

依据中考命题标准，结合教材中各部分的知识点，仔细挑选精心编排各类练习，拉近学生与中考的距离，帮助学生熟悉中考题型以及考查方式，全面提高考试成绩。

### 单元周周练

依据每单元重难点和学习进度，结合中考题型，甄选各类练习并用心组合单元周周练，帮助学生及时了解自身学习情况，查漏补缺。

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周周练(另册)

答案全解精析(另册)

默写本(另册)

同时配有《默写本》，课前预习，课后复习，  
考前巩固，省时高效冲高分！

### 基础词汇

整理本单元词汇，列出汉语意思和词性，方便学生自我检查。

### 重点短语

梳理本单元重点短语，方便学生复习时查漏补缺。

### 常用句型

罗列本单元常用句型，为学生写作做好准备。

# Unit 1 This is me!

## Welcome to the unit

(限时:25 分钟)

### 考点练

练基础, 积跬步



### 一、根据句意及所给的汉语提示或首字母写出单词或短语

1. He always \_\_\_\_\_ (打招呼) all his friends warmly.
2. (原创) One of his \_\_\_\_\_ (爱好) is making short videos about Chinese culture.
3. My full name is Elizabeth, but I \_\_\_\_\_ (叫作) Liz.
4. (原创) If you're not good at \_\_\_\_\_ (介绍) yourself, you can ask your partner for help.
5. Kitty and Amy are in the \_\_\_\_\_ (相同的) class.
6. I had fun at my aunt's house, but I am \_\_\_\_\_ (高兴) to be home now.
7. (原创) The students usually have a sleep after lunch in order to (为了) be more energetic (精力充沛的) in the a \_\_\_\_\_.
8. (原创) It's very polite to say hello to each o \_\_\_\_\_ with a smile when we meet neighbours on the way.

### 二、用所给单词的适当形式填空

1. This is Tom from England and his \_\_\_\_\_ (China) name is Li Mubai.
2. Sandy likes \_\_\_\_\_ (play) the piano. She often practises in the evening.
3. I have a new friend. You can call \_\_\_\_\_ (she) Lucy.
4. (2024 南京秦淮期末) Andy is glad \_\_\_\_\_ (meet) new friends in the badminton club.

5. (原创) People with different \_\_\_\_\_ (hobby) can also become good friends.

6. (原创) Mike's father often makes him \_\_\_\_\_ (greet) teachers and classmates every morning.

### 三、单项填空

1. (2024 无锡江阴期中) —I will have a trip to Datong this winter holiday.

—\_\_\_\_\_.

- A. That's all right    B. Good luck  
C. Of course    D. Have fun

2. —Hi, my name is Li Ming. You can call me Mike.

—Hi, I'm Lin Tao, and I \_\_\_\_\_ Jasper.

- A. go on    B. go by  
C. go for    D. go through

3. We say "\_\_\_\_\_!" to people if we meet each other for the first time.

- A. Goodbye    B. Good night  
C. Good morning    D. Glad to meet you

4. (2024 南京秦淮期末) My sister Suzy enjoys \_\_\_\_\_ music very much, and her favourite singer is Taylor.

- A. hear    B. hearing  
C. listening    D. listening to

5. (2024 扬州高邮期中) Jim is my best friend. He is good at \_\_\_\_\_ jokes and he always makes me \_\_\_\_\_.

- A. tell; laugh    B. telling; to laugh  
C. tell; laughing    D. telling; laugh

## 四、根据中文提示完成句子

1. 他在家乡用约翰这个名字。

He \_\_\_\_\_ the name of John in his hometown.

2. 他真名叫李勇,但我们总是称他为小李。

His real \_\_\_\_\_ is Li Yong, but we always \_\_\_\_\_ Xiao Li.

3. 我是一班的,你呢?

I am \_\_\_\_\_. \_\_\_\_\_ you?

4. (2024 南京江宁期中) 海伦很友善,喜欢和别人交朋友。

Helen is very friendly and likes to \_\_\_\_\_ others.

5. 我和李明在同一个班级,我们俩都喜欢弹钢琴。

Li Ming and I \_\_\_\_\_. We both \_\_\_\_\_.

6. (2024 常州期中) 那个短头发的男人喜欢周末去滑旱冰。

The man \_\_\_\_\_ roller skating \_\_\_\_\_.

## 题型练



## 提能力, 至千里



## 五、完形填空

(2024 泰州海陵期中) Jessie is a student in Grade Seven in Wilson School. It is a big school in the UK 1 2,200 students and 190 teachers. Jessie loves her school very much. Students learn 2 to do different chores to keep classrooms clean and tidy. They think it's everyone's 3 to take turns to make school beautiful. The place she likes best is the 4 room. There are a lot of computers and magazines in it. It is designed for students to share their learning skills. It's the 5 place to study.

Jessie has eight subjects and 6 is her

favourite. She thinks this language sounds beautiful. This term she plans to join Du Fu Poem (诗歌) Club. 7, she can learn more about Du Fu because she likes his poems very much. One of his most famous poems is *Chun Ye Xi Yu*. It's about 8. There are only 40 words in this poem, 9 it shows a beautiful picture of spring rain and Du Fu's love for the rain.

She 10 likes painting and her painting skills are wonderful. She often wins school competitions. Every day, she has many things to do. It is tiring. To 11 happy, she always paints in her free time.

Linda is her best friend. She is friendly and 12 Jessie a lot. When Jessie is sad, Linda often says 13 to make her feel better. She is one of the star students in their school. So Jessie 14 Linda to her family and they often have parties together.

15 of Jessie's parents are designers. Jessie hopes to be a designer when she grows up because she wants to design beautiful clothes like her parents do.

1. A. for B. of C. to D. with
2. A. what B. how C. where D. when
3. A. skill B. hobby C. activity D. duty
4. A. dining B. students' C. teachers' D. living
5. A. pretty B. perfect C. large D. clean
6. A. Chinese B. Music C. Biology D. Art
7. A. On the way B. By the way C. In the way D. In this way
8. A. hope B. animals C. future D. nature
9. A. and B. but C. so D. or
10. A. also B. only C. more D. just
11. A. stay B. become C. sound D. look

12. A. learns about      B. writes about  
C. cares about      D. talks about
13. A. everything      B. anything  
C. something      D. nothing

14. A. teaches      B. introduces  
C. joins      D. gets
15. A. Both      B. One      C. Each      D. All

## Reading( I )

(限时:35 分钟)

考点练



练基础, 积跬步



### 一、根据句意及所给的汉语提示写出单词

- He is very \_\_\_\_\_ (聪明的), so he can finish the task.
- Our English teacher is kind and has a good \_\_\_\_\_ (性格).
- Tom and Jim are in the same \_\_\_\_\_ (年级).
- What do you think of her \_\_\_\_\_ (相貌)?
- He is interested in \_\_\_\_\_ (科学) and always ready to help others.
- Millie has poor eyesight, so she \_\_\_\_\_ (戴) glasses.
- This \_\_\_\_\_ (苗条的) girl called Linda is my best friend.
- Jack is \_\_\_\_\_ (友好的) and he often helps his classmates.
- Tom and Millie are from Nanjing and they are \_\_\_\_\_ (同班同学).
- Her writing is full of passion (激情) and \_\_\_\_\_ (活力).

### 二、用所给单词的适当形式填空

- \_\_\_\_\_ (be) Elsa's hair long or short?  
—She always has long hair.
- (原创) Look! What great fun the girls are having \_\_\_\_\_ (chat) in the garden!
- Andy likes \_\_\_\_\_ (watch) TV. He \_\_\_\_\_ (watch) TV every evening.
- Let the old man \_\_\_\_\_ (get) on the bus first.
- (原创) Linda with her good friends \_\_\_\_\_ (stay) in the school library on Friday afternoon.

- He greets me in a \_\_\_\_\_ (friend) way.
- Tom is a good student. He is interested in \_\_\_\_\_ (read) English books.
- (2023 南京建邺期中) I love music and I am good at \_\_\_\_\_ (sing) English songs.
- (2023 南京鼓楼期中) Many students like e-books now, but I still enjoy \_\_\_\_\_ (read) paper books.
- I've read all her books, because she is an \_\_\_\_\_ (interested) writer.

### 三、单项填空

- How old is that girl?  
—She is \_\_\_\_\_.  
A. 13 year old      B. 13 years old  
C. 13-years-old      D. 13-year-old
- She loves \_\_\_\_\_. She is a good \_\_\_\_\_.  
A. swim; swimming  
B. swimming; swimmer  
C. swimmer; swimming  
D. to swim; swim
- \_\_\_\_\_ your sister good at \_\_\_\_\_?  
—Yes. She's in Star Dancing Club.  
A. Are; dancing      B. Is; dance  
C. Is; dancing      D. Is; dances
- My cousin is in \_\_\_\_\_. He likes his classmates very much.  
A. class 1, grade 7      B. Class 2, Grade 7  
C. grade 7, class 3      D. Grade 7, Class 4
- Happy New Year!  
— \_\_\_\_\_.  
A. Thank you      B. The same to you  
C. That's kind of you      D. Fine, and you

6. Some girls want to be \_\_\_\_\_, so they don't like eating meat.

A. young B. strong C. tall D. slim

#### 四、根据中文提示完成句子

1. 王俊擅长唱歌和打篮球。

Wang Jun \_\_\_\_\_ singing and playing basketball.

2. 学生们对科学感兴趣并且总是做实验。

The students \_\_\_\_\_ and they always do experiments.

3. 桑迪来自南京,她非常高而且苗条。

Sandy \_\_\_\_\_ Nanjing. She's \_\_\_\_\_ and \_\_\_\_\_.

4. 我们的语文老师个子不高,短发。

Our Chinese teacher is \_\_\_\_\_.  
He \_\_\_\_\_.

5. 她非常有礼貌并且愿意帮助他人。

She is very \_\_\_\_\_ and always \_\_\_\_\_ help others.

6. 那个男孩经常放学后打篮球。

The boy often \_\_\_\_\_.

#### 题型练

提能力,至千里



#### 五、阅读理解

(2024 无锡宜兴期中)

Hello, my name is Miss Williams and I am your English teacher. This will be my fourth year teaching seventh graders at Starlight Middle School. I am so excited to meet you in my class. I believe we are going to have a school year filled with joy and learning.

Welcome to the seventh grade!

I am glad to welcome you to the 2024-2025 school year! You will learn a lot of new knowledge (知识) this year. As a student, your job is to read, learn, think, ask questions and also you can make mistakes (犯错误). My job is to help you love learning. What's more, I will tell you some life abilities (能力) in my class. I wish a great school year with all of you!

(续表)

#### My favourites

Food: sandwiches

Drink: hot chocolate

Flower: roses

Season: summer

Sports: swimming, hiking

Hobbies: travelling, writing

Book: *The Little Prince*

Subjects: Science, Art

Contact (联系) me: Please feel free to ask me questions at school any time.

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1. According to the passage, which photo is the right one for Miss Williams?



A



B



C



D

2. What can we know about Miss Williams?

- A. She can't swim.  
B. She loves summer best.  
C. She loves hot dogs.  
D. She only likes Science.

3. The readers of this passage are \_\_\_\_\_.

- A. all the students of Starlight Middle School  
B. all the teachers of Starlight Middle School  
C. seventh graders of Starlight Middle School  
D. seventh graders' parents of Starlight Middle School

#### 六、信息还原(六选五)

(2024 南通海门期中) I'm a thirteen-year-old girl named Kelly. 1 She is always there for me when I need her.

Whenever I have a problem, I know that I can talk to her. She never judges (指责) me, and she always has my back.

Sarah is a good friend because she is kind and caring. 2 She will call me or text me just to see how I'm doing. And if I'm having a bad day, she knows just how to cheer me up.

One thing that I really appreciate (欣赏) about Sarah is that she is honest with me. If she thinks that I'm doing something wrong or if I need to hear the truth about something, she will tell me. 3 but I know that she is looking out for me.

Sarah and I have been friends for a long time with some ups and downs. 4 We talk things out and make sure that we're on the same page. That's what makes our friendship so strong.

5 I'm lucky to have such a friend, and I hope that our friendship will last a lifetime.

- A. Sarah is always telling the truth.  
B. I want to talk about my best friend, Sarah.  
C. I might not always like what she has to say,  
D. But when the problems are there, we always try to solve (解决) them.  
E. She is always looking out for me and making sure that I'm okay.  
F. A true friend is someone who stands by your side.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
4. \_\_\_\_\_ 5. \_\_\_\_\_

## Reading ( II )

(限时:35 分钟)

### 考点练

### 练基础, 积跬步



#### 一、根据句意及所给的汉语提示写出单词

- (2024 无锡江阴期中) The bus is \_\_\_\_\_ (满的) of people. Let's wait for the next one.
- (2024 无锡期中) Zhang Ke is a star student. She is \_\_\_\_\_ (有礼貌的) and always greets people with a smile.
- (2024 扬州邗江期中) My father will buy me a \_\_\_\_\_ (智能的) watch for my birthday.
- (原创) Ann is very shy and usually shows her true \_\_\_\_\_ (性格) to very few people.
- (原创) —What \_\_\_\_\_ (其他的) questions would Lily like to ask us?  
—I'm not sure.
- (原创) Look! The green dress on the shelf may be one of my \_\_\_\_\_ (同班同学).

#### 二、用所给单词的适当形式填空

- (2024 无锡江阴期中) We shouldn't care too much about our \_\_\_\_\_ (look).
- (2024 无锡惠山期中) I am very glad \_\_\_\_\_ (see) you again. I have been missing you

since I last met you.

- (2024 泰州靖江期中) More and more foreigners are \_\_\_\_\_ (interest) in China's tea culture.
- (2024 无锡宜兴期中) She likes to get close to nature because she \_\_\_\_\_ (enjoy) the peace and quiet there.
- (2024 无锡惠山期中) —Good afternoon! What \_\_\_\_\_ (be) your sons' names?  
—Jim and Tom.
- (原创) The boy with glasses \_\_\_\_\_ (be not) ready to join us. Maybe he doesn't like our game.
- (原创) There \_\_\_\_\_ (be not) any smart girls in my class. What a pity (遗憾)!
- (原创) You'd better not make the slim boy \_\_\_\_\_ (introduce) himself. He can't speak English well.

#### 三、单项填空

- (2024 南京秦淮期中) My best friend Li Yang is always ready to help others. Everyone in our class likes his \_\_\_\_\_.



- A. age B. skill  
C. dream D. character

2. (2024 南京江宁期中) My brother likes playing Chinese chess. He thinks it makes him \_\_\_\_\_.

- A. hard B. different  
C. fun D. smart

3. (2024 无锡江阴期中) —What's Mary like?  
—She is \_\_\_\_\_. She is always afraid to speak in front of others.

- A. friendly B. smart  
C. brave D. shy

4. (2024 无锡期中) —What \_\_\_\_\_ do you want to tell me?

—Nothing \_\_\_\_\_.

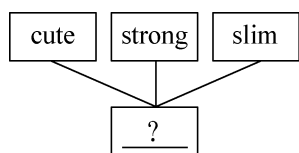
- A. other; else B. else; other  
C. other things; other D. other things; else

5. (2024 镇江京口期中) —Does your mum like the birthday present?

—Yes, she likes that dress very much. It makes her \_\_\_\_\_.

- A. looks very young B. look very beautiful  
C. look very old D. looks very slim

6. (2024 无锡期中) Which of the following words can make the word tree a good one?



- A. sports B. looks C. hobbies D. places

#### 四、根据中文提示完成句子

1. (2024 无锡期中) 世界上最好的礼物可能不贵, 但必须充满爱。

The best gift in the world may be not expensive, but must \_\_\_\_\_ love.

2. (2024 南通如皋期中改编) 西蒙喜欢运动, 总是精力充沛。

Simon \_\_\_\_\_ and \_\_\_\_\_.

3. (2024 扬州仪征期中改编) 丹尼尔很聪明, 并且总是乐于助人。

Daniel is \_\_\_\_\_ and always \_\_\_\_\_.

4. (原创) 我家离学校不远, 所以每天放学后我弟弟都和我步行回家。

My home isn't far away from school, so my brother \_\_\_\_\_ with me \_\_\_\_\_ every day.

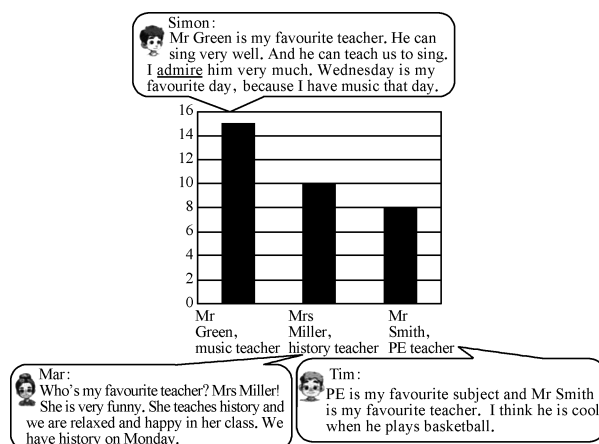
#### 题型练

#### 提能力, 至千里



#### 五、阅读理解

(2024 泰州靖江期中) Who is your favourite teacher? All the students of Class 3, Grade 7 take a vote (投票).



1. How many students are there in Class 3, Grade 7?

- A. 18. B. 28. C. 33. D. 38.

2. Who do most of the students like in Class 3, Grade 7?

- A. Mr Green. B. Mr Miller.  
C. Mr Smith. D. Mrs Miller.

3. Simon likes Wednesday best, because \_\_\_\_\_.

- A. his favourite lesson is history  
B. he has music lessons  
C. he likes the school lunch on Wednesday  
D. he can relax and be happy

4. The underlined (画线的) word "admire" means "\_\_\_\_\_ " in Chinese.

- A. 讨厌 B. 敬佩 C. 害怕 D. 嫉妒

## 5. Which is TRUE?

- A. Tim likes history best.  
B. The three students all like Mrs Miller.  
C. Mr Smith is a basketball player.  
D. Mar feels happy in history classes.

## 六、首字母填空

(原创)The best place to buy a hamburger is a fast food restaurant. In the restaurants, people ask for their food and w 1 just a few minutes. When the food is r 2, they take it to their tables themselves.

They c 3 eat it in the restaurant or take the food o 4 and eat it at home, at work or in a

park. Some restaurants a 5 sell fish, chicken and soft drinks. These restaurants are popular b 6 the service(服务) is fast and the food is nice. For many people, this is very i 7. In the USA, about 20% of married women w 8 children work outside the home. They are often too b 9 or too tired to cook dinner. So the fast food restaurants give them great h 10 in their everyday life.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_  
7. \_\_\_\_\_ 8. \_\_\_\_\_ 9. \_\_\_\_\_  
10. \_\_\_\_\_

## Grammar

(限时:35 分钟)

## 考点练

## 练基础, 积跬步



## 一、根据句意及所给的汉语提示或首字母写出单词

1. (原创)My good friend is interested in \_\_\_\_\_  
(介绍) country life in South China to foreign  
(外国的) people.  
2. Politeness is traditionally part of the Chinese  
\_\_\_\_\_ (性格).  
3. Do you \_\_\_\_\_ (享受) living with your  
parents in that big house?  
4. Kitty and Sandy \_\_\_\_\_ (都) love playing  
football.  
5. (原创)Going jogging every morning makes me  
full of e \_\_\_\_\_ and I will keep doing so.  
6. (原创)The two sisters look almost the s \_\_\_\_\_,  
so we often mistake(误认为) them for each other.

## 二、用所给单词的适当形式填空

1. Sandy \_\_\_\_\_ (be not) late for school every  
day and she studies well.  
2. Miss Gao \_\_\_\_\_ (be) my teacher, and we  
\_\_\_\_\_ (be) good friends.  
3. What colour \_\_\_\_\_ (be) her new trousers?

4. The man with big eyes \_\_\_\_\_ (be) a  
teacher.  
5. (原创)Tom's uncle with his neighbours  
\_\_\_\_\_ (be) busy cleaning up the community  
at the weekend.  
6. They \_\_\_\_\_ (be) doctors and work very  
hard every day.  
7. (原创)One of my friends \_\_\_\_\_ (be not)  
good at riding bikes. So we plan to go to the  
park by bus.  
8. (原创)If Linda and Millie \_\_\_\_\_ (be not)  
free tomorrow, they will not take part in the  
activity.  
9. (2023 南京秦淮期中)Reading my favourite  
book \_\_\_\_\_ (be) interesting.  
10. That \_\_\_\_\_ (be) great news. Do you think  
so?

## 三、单项填空

1. (2024 无锡惠山期中)—\_\_\_\_\_ your  
cousin Daniel in the Swimming Club, Lucy?  
—Yes. He loves swimming very much.  
A. Do B. Does C. Are D. Is

2. (2023 南京秦淮期末)—Peter, \_\_\_\_\_ your brother good at English?  
—Yes, he is. He often helps me with my English homework.  
A. is      B. do      C. are      D. does
3. (2024 无锡期中) There \_\_\_\_\_ a teacher and twenty students in the swimming pool. They \_\_\_\_\_ a swimming lesson now.  
A. is; have      B. are; have  
C. is; are having      D. are; are having
4. —\_\_\_\_\_ my trousers? I can't find them.  
—Oh, \_\_\_\_\_ on the bed.  
A. Whose is; it's  
B. Where's; it's  
C. Where are; they're  
D. Where's; they're
5. Daniel and I \_\_\_\_\_ in Class 5, Grade 8. \_\_\_\_\_ are good friends.  
A. am; They      B. am; We  
C. are; We      D. are; They
6. (2024 无锡期中) \_\_\_\_\_ morning exercises \_\_\_\_\_ good for us.  
A. Do; is      B. Doing; are  
C. Do; are      D. Doing; is
7. (2024 镇江丹阳期中) There \_\_\_\_\_ good news on CCTV-5. Miss Zheng wins again in the tennis match!  
A. is      B. are      C. am      D. be
8. (2024 扬州高邮期中) John loves his mother so much. Every morning he walks 2 kilometres \_\_\_\_\_ her favourite bread for breakfast.  
A. buys      B. to buy  
C. buying      D. bought
9. \_\_\_\_\_ books every day \_\_\_\_\_ fun. It also helps me learn more about the world.  
A. Read; is      B. Read; are  
C. Reading; is      D. Reading; are
10. I have a lot of friends and they \_\_\_\_\_ very nice to me.  
A. all are      B. all  
C. are both      D. are all

#### 四、根据中文提示完成句子

1. 基蒂和桑迪都喜欢运动。  
Kitty and Sandy \_\_\_\_\_ sport.
2. (原创) 你和朋友们在新学校每天开心吗?  
\_\_\_\_\_ at the new school every day?
3. ——你对英语感兴趣吗?  
——是的, 我在英语课上总是很开心。  
—\_\_\_\_\_ you \_\_\_\_\_ English?  
—Yes, I \_\_\_\_\_ always happy in English class.
4. (原创) ——你表弟擅长打篮球吗?  
——当然。他是校篮球队队员之一。  
—\_\_\_\_\_ your cousin \_\_\_\_\_ basketball?  
—Certainly. He \_\_\_\_\_ the members of the school basketball team.
5. 我有一些新的朋友, 他们非常友好。  
I have some \_\_\_\_\_ and they are very \_\_\_\_\_.
6. (原创) ——你的同班同学们对科学感兴趣吗?  
——是的。我们经常一起讨论科学问题。  
—\_\_\_\_\_ your \_\_\_\_\_?  
—Yes. We often \_\_\_\_\_ together.

#### 题型练

#### 提能力, 至千里



#### 五、综合填空

(2024 泰州海陵期中) Look at the picture. A lady is dancing to the music. She 1 (be) pretty. Who is she?



She is my mother. My mother is about 40 years old, 2 she looks very young in the photo, right?

My mother works in 3 hospital. She is a

doctor. She loves 4 (she) job. She always says that health is very important for everyone. She tells me 5 (do) sport every day.

My mother 6 (enjoy) dancing very much. She thinks it is 7 (excite). She didn't dance well before. Now 8 practising again and again, she can dance very well. She likes riding bikes as well. She usually goes to work by bike because this is good for the environment(环境). My mother always says, "Dancing and riding are good ways for me to enjoy 9 (I). And they can make me young and healthy."

Do you want to learn dancing? Come and meet my mother. She can be a 10 (real) good dance teacher. You will have a good time dancing together.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_
4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_
7. \_\_\_\_\_ 8. \_\_\_\_\_ 9. \_\_\_\_\_
10. \_\_\_\_\_

## 六、阅读回答问题

(2024 无锡期中) My name is Kelsey. I'm a mother of a middle school student. Here's what my day is like.

### 6:00 a. m. : wake up

I get out of bed, and make breakfast for my daughter, Missy.

### 6:30 a. m. - 7:00 a. m. : take my daughter to school

My daughter always goes to school with me on foot. We enjoy it because we can chat with each other on the way.

### 7:00 a. m. - 11:00 a. m. : go back home and exercise

When I get home, I quickly make a cup of coffee. Then I do yoga for 50 minutes. I am glad to be in the Yoga Club. I feel good when I am done.

### 1:00 p. m. - 4:00 p. m. : work from home

I'm an editor(编辑), and I don't need to go to my workplace every day. Sometimes I work from home. First, I write book reviews(评价). Then, I start to correct the mistakes in some writers' books. If I am free, I usually read a really good book!

### 7:00 p. m. - 9:00 p. m. : have dinner and take a shower

My favourite part of the day is making dinner. I enjoy cooking and my daughter loves the food I make. Then, I take a shower because it always helps me relax(放松).

This is what my day is like—as busy as a bee. I always feel happy to be with my daughter and keep everything going. I hope you can enjoy your life like me.

1. How does Missy go to school?

\_\_\_\_\_

2. Is Kelsey a member of the Yoga Club?

\_\_\_\_\_

3. How long does Kelsey work from home?

\_\_\_\_\_

4. What is Kelsey's favourite part of the day?

\_\_\_\_\_

5. How does Kelsey feel about her day?

\_\_\_\_\_

## Pronunciation and Integration

(限时:55 分钟)

考点练



练基础, 积跬步



### 一、单项填空

1. (2024 南京秦淮期中) Which letter "a" has a

different sound from the others?

A. face B. late C. game D. glad

2. (2024 南京鼓楼期中) My dad has a bag with a cake in it. Which "a" has a different sound?

A. dad B. has C. bag D. cake

3. (2024 南京江宁期中) Which of the underlined parts has a different sound?

A. nose B. over C. orange D. photo

4. (2024 南京江宁期中) Which of the underlined letters has the same sound as that in “map”?

A. cake B. name C. gate D. thank

5. (2024 无锡江阴期中) There is \_\_\_\_\_ “u” and \_\_\_\_\_ “s” in the word “outside”.

A. a; a B. an; an C. a; an D. an; a

6. (2024 无锡期中) After finishing school, he starts doing \_\_\_\_\_ usual job in the local town.

A. the B. a C. an D. /

## 二、根据句意及所给的汉语提示或首字母写出单词

1. Mary is a very \_\_\_\_\_ (漂亮的) girl. Everyone likes her.

2. Shirley's sister is \_\_\_\_\_ (仅仅) three months old.

3. She is \_\_\_\_\_ (害羞的) and quiet, but she is very helpful.

4. Mike likes playing Chinese \_\_\_\_\_ (象棋) in his free time.

5. Playing football can help us students to \_\_\_\_\_ (保持) healthy.

6. They will have two important basketball \_\_\_\_\_ (比赛) this Saturday.

7. (原创) He can't help us work out the Maths \_\_\_\_\_ (问题) because they are too hard for him.

8. (原创) When you plan the \_\_\_\_\_ (周末) activities, you should think about the time and place.

9. We wish her good \_\_\_\_\_ (幸运) in her mid-term exam.

10. (原创) In our free time, we often go to a q\_\_\_\_\_ place to read different kinds of books.

## 三、用所给单词的适当形式填空

1. Our \_\_\_\_\_ (China) teacher is very tall and strong.

2. Please tell me about your sister's \_\_\_\_\_ (look).

3. (原创) Look! Kate \_\_\_\_\_ (have) a lovely toy bear and she loves it very much. It's a birthday present from her aunt.

4. I love my new friends. They are very kind and \_\_\_\_\_ (help).

5. (原创) It's very \_\_\_\_\_ (interest) to play different ball games with friends at the weekend.

6. (原创) Millie has many good friends. \_\_\_\_\_ (they) hobbies are different from each other's.

7. (原创) All my family keep doing exercise every day so that we can stay fit and \_\_\_\_\_ (health).

8. Sandy likes reading and \_\_\_\_\_ (play) basketball very much.

9. (原创) We will invite some students who do well in \_\_\_\_\_ (dance) to join in the school show.

10. Lily loves \_\_\_\_\_ (work) with numbers. She is good at Maths.

11. (原创) The Maths teacher would like us \_\_\_\_\_ (try) different ways to work out the Maths problems.

12. I have \_\_\_\_\_ (go) now because I will have a match with Class 3 this afternoon.

## 四、选词填空

asks	watch	sports	like	only
same	teacher	years	hard	student

Tom is a boy. He is eight 1 old. He and Jim are in the 2 class. Tom is not a good student. He doesn't 3 coming to school. He can only count(数) from one to ten.

One day his 4 has a talk with him, “Every 5 in our class studies 6. What do you do

every day? Don't you want to be a good boy?"

"I 7 TV in the evening every day. I know a lot about 8. I am going to be a referee (裁判员)," Tom says.

"What referee are you going to be?" the teacher 9.

"A boxing(拳击) referee," Tom answers.

"Why?" the teacher asks.

"A boxing referee 10 counts from one to ten," Tom says.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_
4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_
7. \_\_\_\_\_ 8. \_\_\_\_\_ 9. \_\_\_\_\_
10. \_\_\_\_\_

#### 五、根据中文提示完成句子

1. 我的新同学迈克经常帮助我们打扫教室。  
My new \_\_\_\_\_ Mike often \_\_\_\_\_  
\_\_\_\_\_ the classroom.
2. (2024 扬州邗江期中改编) 这个害羞的女孩对交朋友不感兴趣。  
The \_\_\_\_\_ girl \_\_\_\_\_.
3. 我有一些新朋友。放学后我经常和他们一起踢足球。  
I have \_\_\_\_\_. I often \_\_\_\_\_ with them \_\_\_\_\_.
4. (原创) 对于每一个人来说拥有爱好很重要, 因为那对我们的身心健康有好处。  
It's very \_\_\_\_\_ for everyone \_\_\_\_\_, because it's good for our mind and body.
5. 我喜欢踢足球。运动让我快乐并且健康。  
I like \_\_\_\_\_. Sports make me \_\_\_\_\_ and help me \_\_\_\_\_.
6. 我很高兴和汤姆成为朋友。  
I \_\_\_\_\_ Tom.
7. 我的阿姨是一名老师, 她每天乘公共汽车去

上班。她经常在周末帮我解决英语问题。

My aunt is a teacher and she \_\_\_\_\_  
\_\_\_\_\_ every day. She often \_\_\_\_\_  
\_\_\_\_\_.

8. 我最喜欢的学科是电脑科学, 因为我对电脑感兴趣。

\_\_\_\_\_ is Computer Science because I \_\_\_\_\_ computers.

#### 题型练

提能力, 至千里



#### 六、阅读理解

(2024 南京江宁期中) Hi, everybody!

We are Irene and Camilla. We were born on the same day and we're almost twelve years old. We live in Florence. We start our day at seven o'clock with a yummy breakfast: a cup of milk, some biscuits and bread with jam or chocolate. A sweet breakfast! Mum gives us fruit as well.

After breakfast, we go to school. We get our school bags ready the night before so we don't leave anything behind. We get our clothes ready for the morning too because we don't wear a uniform at school. We go to school from Monday to Friday, from 8 a. m. to 2 p. m. Then two afternoons a week, we stay at school to study piano and orchestra(管弦乐队). These are our favourite lessons! Playing with the others is really cool!

1. What do Irene and Camilla have for breakfast?  
A. Meat. B. Noodles.  
C. Hamburgers. D. Bread.
2. Why do they get clothes ready for the next morning before going to bed?  
A. Their mum asks them to do so.  
B. They wear a uniform at school.  
C. They wear their own clothes at school.  
D. They get their school bags ready the night before.

3. How long do they stay at school every day?

- A. Six hours.                      B. Five hours.  
C. Four hours.                      D. Three hours.

4. Which subject do they like best?

- A. English.                          B. PE.  
C. History.                          D. Music.

### 七、任务型阅读(每空一词)

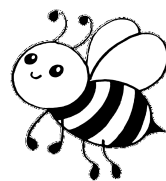
Susan is 14 years old and she is an American girl. She is one of my best friends. She is interested in Chinese and good at it. Every summer she travels with her parents. She believes(相信) that travelling is an important part(重要部分) in her life. She likes London best because it is clean and beautiful. She knows that China is a large country with lots of interesting places. This July, her family are coming to China. I am very happy to know that they will come to my city first. They will stay here for seven days. I will take them to visit the city. Then they will fly to Beijing. I am sure they will have a nice time in China.

Who	<ul style="list-style-type: none"> <li>• Susan is from <u>1</u>.</li> <li>• She is interested in Chinese and does <u>2</u> in it.</li> </ul>
What	<ul style="list-style-type: none"> <li>• She <u>3</u> with her family every summer.</li> <li>• <u>4</u> is an important part in her life.</li> </ul>
Where	Her <u>5</u> city is London because it is <u>6</u> clean and beautiful.
When	This <u>7</u> , her family are coming to China. China <u>8</u> a lot of interesting places.
How long	They will stay here for a <u>9</u> .
How	They will go to Beijing by <u>10</u> .

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_  
7. \_\_\_\_\_ 8. \_\_\_\_\_ 9. \_\_\_\_\_  
10. \_\_\_\_\_

### 八、阅读回答问题

(2024 无锡江阴期中) Do you know about bees? Mikaila Ulmer, a 19-year-old girl from Texas, US, knows them well.



When Mikaila is just 4 years old, she is stung(蜇) by bees twice in one week. Mikaila is sad and afraid, so her mother tells her something about bees.

“Bees are very important to people, but they are in great danger because there are not too many bees,” she says.

The news surprises Mikaila, and she changes her mind about bees. Later, she gets a gift—a book about making lemonade(柠檬水). Mikaila can't wait to try it out. She thinks of putting natural honey(蜂蜜) in the drink to make it taste good. To her surprise, it really does.

Then Mikaila starts to sell the lemonade outside her house. It is very popular and many people love it. With the help of her mother, Mikaila starts her lemonade brand(品牌) Me & The Bees Lemonade, when she is just 11 years old.

Now, the brand has hit it big in the US. Mikaila also tries to tell people about the importance of bees. Her message about bees is helping many beekeepers around the world. What's more, Mikaila often gives away money to save bees.

Good job, Mikaila!

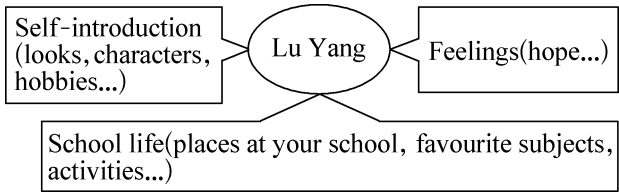
- How does Mikaila feel after being stung by bees?  
\_\_\_\_\_
- What gift does Mikaila get?  
\_\_\_\_\_
- Where does Mikaila start to sell the lemonade?  
\_\_\_\_\_
- What does Mikaila try to tell people?  
\_\_\_\_\_

5. What do you think of Mikaila?

九、书面表达

(2024 泰州靖江期中) 假如你是阳光中学 (Sunshine Middle School) 的卢阳, 你正在申请中英交换生项目。项目组要求你写一封邮件, 介绍自己的基本情况以及学校生活。

具体内容如下:



写作要求:

1. 文中必须包括上图提示的所有信息, 可适当发挥;

2. 文中不得出现真实姓名和学校名称;
3. 词数 60 左右, 开头和结尾已给出, 不计入总词数。

Dear Madam/Sir,

I'm Lu Yang from Sunshine Middle School, and I'm very happy to tell you something about myself and my school life.

Thank you for your reading, and I'm looking forward to your reply.

Yours,

Lu Yang

Assessment and Further study

(限时: 60 分钟)

一、完形填空

(2024 南京江宁期中) Hello, everyone! My name is Tommy. I'm from Nanjing but now I live in London. I live here because my 1 work here. My father teaches Chinese and my mother is an office worker.

I am in Grade 7 this year. The schools here are 2 from those in Nanjing. Our grade has 10 3. Each class has about 15 students. The school day starts 4 here. We have our first lesson at 9:00 a. m. I have lunch at school with my friends. We can go 5 at 3:30 in the afternoon. After school, I spend a lot of 6 playing basketball. I 7 do many things that I would like to do.

We don't have much 8 to do and my homework is usually interesting. We don't do many exercises about the lessons. Sometimes I don't think doing little homework is good 9 us, because

many of my classmates aren't good at 10 lessons. I think if we don't do enough exercises, we may not understand lessons well.

1. A. friends B. parents C. teachers D. sisters
2. A. interesting B. far C. hard D. different
3. A. classes B. teachers C. students D. schools
4. A. fast B. late C. early D. slowly
5. A. to sleep B. to school C. to work D. home
6. A. date B. week C. day D. time
7. A. should B. can C. can't D. shouldn't
8. A. work B. housework C. homework D. exercise
9. A. at B. of C. for D. with
10. A. they B. them C. their D. theirs



## 二、阅读理解

(2024 扬州江都期中) Dear Li Ting,

I am very happy to receive your email. My name is Ivy. I live in New York and I really want to make an e-friend in China. I think China is a very interesting country. Some of my classmates have e-friends in China too. They tell me a lot about China.

Here I will tell you something about myself. I am fourteen years old. My birthday is in September. I'm thin and have long brown hair. I can speak French, English and a little Chinese.

I have a brother Bill and a sister Anna. My father works in a high school and my mother is a doctor. I like going to the movies with my friends and playing sports in my free time. I'm good at swimming. My favourite subject at school is PE. It is interesting. But I don't like Maths. It is too hard for me. I like Chinese food very much. My mother can't cook Chinese food, so we often go to the Chinese restaurant for dinner. The food there is very delicious. We all love the food there. Can you write to me soon? I am waiting for your email.

Yours,  
Ivy

- Where does Ivy come from?  
A. The USA. B. China.  
C. Canada. D. The UK.
- When is Ivy's birthday?  
A. In spring. B. In summer.  
C. In autumn. D. In winter.
- How many people are there in Ivy's family?  
A. Three. B. Four. C. Five. D. Six.
- What does Ivy think of Maths?  
A. Interesting. B. Difficult.  
C. Boring. D. Easy.
- Why does Ivy write the email?  
A. To ask Li Ting for help.

B. To invite Li Ting to her home.

C. To give Li Ting some help.

D. To tell Li Ting something about herself.

## 三、首字母填空

(2024 南通启东期中) Hot pot is a traditional food in China. It has a long history of m 1 than 1,700 years. You can eat it at home o 2 in a restaurant. It's great for you to s 3 time with friends sitting around the hot pot. You can eat, chat and have f 4 together.

Cooking food in a hot pot is very easy. You can put d 5 food into the hot pot, like meat and vegetables. When it is ready, you can t 6 the food out of the pot into the bowls. After that you can eat it with all k 7 of sauces(酱汁).

Many Chinese like having hot pot in winter to make them warm. But some also e 8 having it in summer. People in Sichuan are very i 9 in spicy(辣的) hot pot because having spicy food is good for their health.

Today, hot pot is also popular among people from o 10 countries. They come to China to try the wonderful food.

- |           |          |          |
|-----------|----------|----------|
| 1. _____  | 2. _____ | 3. _____ |
| 4. _____  | 5. _____ | 6. _____ |
| 7. _____  | 8. _____ | 9. _____ |
| 10. _____ |          |          |

## 四、综合填空

(2024 常州武进期中) At 1 (she) family's shop, Carmen goes over (复习) her dancing in her head. The next day she 2 (想) like to try out for the lead part (领舞) in a flamenco(弗拉明戈舞) show at her dance school.

Mama comes in and 3 (give) Carmen a box.

"New flamenco 4 (shoe)! They are so 5 (漂亮的)!" Carmen puts the shoes on. She moves one arm over her head. She holds (抬起)

her head high and dances. She 6 (not care) if (是否) anyone sees her.

Carmen turns and sees Aina with bread 7 eggs in her hands. Carmen stops dancing. Aina goes to dance school on scholarship(奖学金). She is 8 (也) trying out for the lead part.

Carmen's papa smiles(微笑) at Aina. He writes the price in a book. Carmen sees her papa put a candy into Aina's bag. Before Aina leaves, she says to Carmen, "Good luck. May your dreams 9 (成为) true!"

"You too," Carmen says. But she doesn't understand(明白). 10 is Aina so nice? She wants the lead part as well.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_
4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_
7. \_\_\_\_\_ 8. \_\_\_\_\_ 9. \_\_\_\_\_
10. \_\_\_\_\_

### 五、阅读回答问题

(2024 无锡江阴期中) Today, more and more students like going shopping on the internet. Do you have any ideas about it? Here are some ideas from girls.

#### Sandy, twelve

I usually shop online. I like to buy skirts and jeans on the internet. It's very easy and I can pay for the things by mobile payment(手机支付).

#### Kitty, thirteen

I think it is very easy and cheap to buy things on the internet. I only need to stay at home and choose the things I like. I can get them quickly without going out. It doesn't take too much time.

#### Wendy, eleven

I'm not good at computers. I never do the shopping on the internet. I don't think it is interesting. I like to go shopping in the big shopping market near my home with my mother. The things there are beautiful and great.

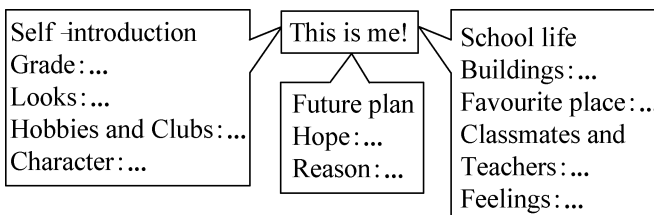
#### Shirley, twelve

Shopping on the internet is not good, because I think the things on the internet are not real to me. I can only see some pictures of the things. I don't believe the things on the internet are better than the things in stores.

1. How many ideas from girls are there in the passage?  
\_\_\_\_\_
2. What does Sandy like to buy on the internet?  
\_\_\_\_\_
3. Why does Kitty like to buy things on the internet?  
\_\_\_\_\_
4. Who does Wendy like to go shopping with?  
\_\_\_\_\_
5. What do you think of shopping on the internet?  
\_\_\_\_\_

### 六、书面表达

(2024 无锡江阴期中) 假设你是阳光中学的李明, 你要参加学校举办的主题为 "This is me!" 的演讲比赛, 根据下列思维导图提示词, 完成演讲稿。



注意事项:

1. 英文演讲稿必须包括所有提示内容, 要求语句通顺, 意思连贯, 书写规范;
2. 词数 90 左右, 省略号处发挥 1-2 句。文章开头和结尾已给出, 不计入总词数;
3. 文中不得出现真实的校名和人名。

Hello, everyone. I'm Li Ming. I'm a student from Sunshine Middle School. \_\_\_\_\_

That's all. Thank you!